



EASE ALLOWANCE CHART

Ease is the amount of space in a garment beyond the body measurements. It is a necessity for fit, comfort, and wearability. Ease allowances are based on the type of silhouette the garment provides; i.e., fitted, semi-fitted, and loose fitting. The pattern companies vary slightly in the amounts of ease built into the patterns for wearing ease and design support, but they are fairly close. These numbers represent easy-to-use, rounded-off averages.

SILHOUETTE	FULLEST PART OF CHEST OR BUST			HIPLINES SKIRTS, PANTS	WAISTS	UPPER ARM
	DRESSES, BLOUSES, SHIRTS, TOPS, VESTS	JACKETS	COATS			
FITTED	3 to 4 Inches	4 to 5 Inches	5 to 6 Inches	2 to 3 Inches	1 Inch	2 Inches
SEMI-FITTED	4 to 5 Inches	5 to 6 Inches	6 to 8 Inches	3 to 4 Inches	1 to 2 Inches	2 to 3 Inches
LOOSE FITTING	5 to 8 Inches	6 to 10 Inches	8 to 12 Inches	4 to 6 Inches	2 to 4 Inches	3 to 4 Inches