



Name \_\_\_\_\_ Period \_\_\_\_\_ Date \_\_\_\_\_

**PRECISION FIT—FEMALE**

**Directions:** Take the following measurements to determine your correct pattern size. Use the information under "Measuring Tips" to help you get an accurate measurement. Record each measurement in inches on the line under "To Find Body Type." Compare your measurements to the standard measurements for each body type and size. Write the best pattern size for you in the space provided.

**To Find Body Type:**

Height \_\_\_\_\_

Back Waist Length \_\_\_\_\_

**Measuring Tips:**

Stand straight against a wall. Measure from the top of your head to the floor. (1)

Tie a string around your waistline to mark the smallest part. Find your neckbone at the back of your neck. Measure from it to the string at your waist. (2)

**To Find Pattern Size:**

High Bust \_\_\_\_\_

Bust \_\_\_\_\_

Waist \_\_\_\_\_

Hip \_\_\_\_\_

Measure around the body under the armscye with the tape parallel to the floor. (3)

Measure around the fullest part of the chest with the tape parallel to the floor. (4)

Measure around your waist where the string is tied. (5)

Measure around the fullest part of your hips with the tape parallel to the floor. (6)

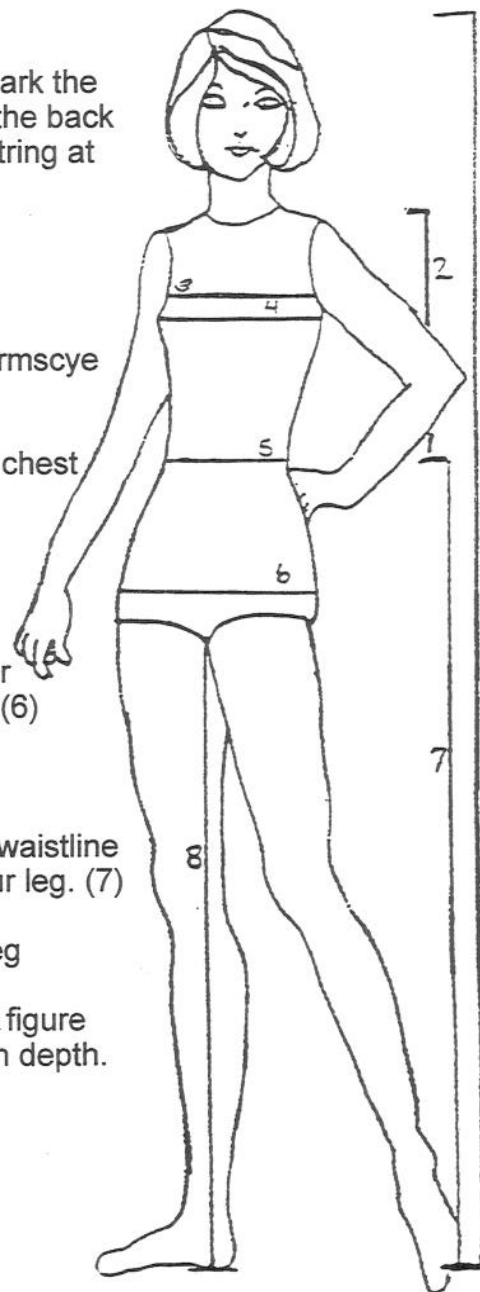
**Additional Measurements:**

Pant Length \_\_\_\_\_

Crotch Depth \_\_\_\_\_

Measure from your outseam from the waistline to the desired length at the side of your leg. (7)

Measure the inseam from inside the leg at the crotch to the desired length. (8)  
(Record here \_\_\_\_\_.) Subtract this figure from the pant length to find your crotch depth.



**My Body Type Is:** \_\_\_\_\_

**My Dress, Blouse, Top, Jacket Pattern Size Is:** \_\_\_\_\_

**My Skirt, Pants, Shorts Pattern Size Is:** \_\_\_\_\_