



Name _____ Period _____ Date _____

FOR A FABULOUS FIT

Directions: Read pages 6-17 of THE PERFECT FIT and answer the following questions.

1. Where does fitting begin? Self-awareness
2. Why are accurate measurements important? To solve sizing problems
3. What are the basic points of adjustments in a pattern?
 - a. Basic lengthening and shortening adjustments
 - b. Body, contour, posture, bone structure adjustments
4. What is fine tuning? Minor fitting adjustments
5. Why will you wear a different pattern size than in ready-to-wear clothing?

Ready-to-wear sizes do not conform to industry pattern sizes
6. List the four ways figures most often vary from company figure standards.
 - a. Length
 - b. Contour
 - c. Bone structure
 - d. Posture
7. Define "traditional fit." A fit that closely follows the natural body shape
8. What are the ten areas of fit? Give a brief description of each.
 1. Neckline Rests smoothly on collarbone; can be buttoned comfortably
 2. Shoulders Seams straight across top of shoulder; end at top of arm
 3. Sleeve shape Curves smoothly around armholes; adequate ease allowance
 4. Sleeve length Sleeve ends at wristbones when arms are slightly bent
 5. Bustline Shaping falls at fullest part of bust and follows bust contour
 6. Bodice back Fits smoothly and follows natural contours; hangs evenly
 7. Waist Falls at natural waistline; has adequate ease
 8. Hip darts Stop ½ inch to 1 inch short of fullest part of contour
 9. Hips/crotch Follow body contours smoothly; correct depth for crotch
 10. Hemline Equal distance from the floor around garment
9. What is the definition of "relaxed fit?" The design in a pattern or garment includes ease allowances for a comfortable, loose fit.
10. What is the definition of "dramatic fit?" The pattern or garment may exaggerate figure shape for fashion emphasis.
11. List the "tools" found from the pattern envelope.

Envelope back: Line drawings, description, measurements, notions list, sizing

Envelope front: Fashion illustration, label, views, size, and figure type

Pattern pieces: Pattern symbols, written directions, construction guidelines