FOR A FABULOUS FIT

Directions: Read pages 6-17 of THE PERFECT FIT and answer the following questions.

1. Where does fitting begin? __Self-awareness________________________

2. Why are accurate measurements important? __To solve sizing problems____

3. What are the basic points of adjustments in a pattern?
   a. __Basic lengthening and shortening adjustments______________________
   b. __Body, contour, posture, bone structure adjustments________________

4. What is fine tuning? __Minor fitting adjustments______________________

5. Why will you wear a different pattern size than in ready-to-wear clothing?
   __Ready-to-wear sizes do not conform to industry pattern sizes____________

6. List the four ways figures most often vary from company figure standards.
   a. __Length____________________ b. __Contour____________________
   c. __Bone structure________________ d. __Posture__________________

7. Define "traditional fit." __A fit that closely follows the natural body shape ______

8. What are the ten areas of fit? Give a brief description of each.
   1. __Neckline____ Rests smoothly on collarbone; can be buttoned comfortably____
   2. __Shoulders____ Seams straight across top of shoulder; end at top of arm____
   3. __Sleeve shape____ Curves smoothly around armholes; adequate ease allowance____
   4. __Sleeve length____ Sleeve ends at wristbones when arms are slightly bent____
   5. __Bustline____ Shaping falls at fullest part of bust and follows bust contour____
   6. __Bodice back____ Fits smoothly and follows natural contours; hangs evenly____
   7. __Waist____ Falls at natural waistline; has adequate ease_______________
   8. __Hip darts____ Stop ½ inch to 1 inch short of fullest part of contour________
   9. __Hips/crotch____ Follow body contours smoothly; correct depth for crotch____
   10. __Hemline____ Equal distance from the floor around garment________________

9. What is the definition of "relaxed fit?" __The design in a pattern or garment____
   __includes ease allowances for a comfortable, loose fit____________________

10. What is the definition of "dramatic fit?" __The pattern or garment may exaggerate_ 
    ____figure shape for fashion emphasis.____________________________________

11. List the "tools" found from the pattern envelope.
    Envelope back: __Line drawings, description, measurements, notions list, sizing____
    Envelope front: __Fashion illustration, label, views, size, and figure type____
    Pattern pieces: __Pattern symbols, written directions, construction guidelines____