FOR A FABULOUS FIT
LOWER TORSO AND LEGS

Side Seams:
- are perpendicular to the floor
- divide the body into becoming proportions
- appear as straight lines on the body
- appear to intersect the waistline at 90-degree angles
- create equal visual distances beyond the edges of the legs when the garment is viewed from front, back, or side

Waistline:
- divides the body into pleasing vertical proportions
- is parallel to the floor across the front
- follows the body contour across the back
- is loose enough to allow shoulders to rise and arms to move
- is loose enough to allow the body to expand during sitting, breathing, and eating

Hip Area:
- grainline is parallel to the floor at the center front and center back
- circumference is adequate to permit fabric to relax
- allows for movement without straining the fabric
- does not gap at center front or center back when button closures are used
- is free from diagonal, horizontal, or lengthwise distortion
- is controlled with correctly fitted darts to accommodate the curves

Hemlines:
- are parallel to the floor
- lie slightly above or below the largest part of the leg (or hipline for jackets)
- divide the body into pleasing proportions

LOWER AND UPPER TORSO AREAS

Center Back and Center Front Seam:
- are perpendicular to the floor
- are centered on the body
- are straight lines

Darts:
- point toward the crown of the curve being accommodated
- appear as straight lines on the body
- end approximately 1 inch short of the fullest part of the curve
- are sewn to conform the fabric to the shape of the body surface
- have no fabric strain, bubbles, or wrinkles at the dart tip area
- are positioned to create pleasing proportions
FOR A FABULOUS FIT
UPPER TORSO AND ARMS

Side Seams:
* slope forward from underarm to waist
* divides the body into pleasing proportions
* are straight lines
* create enough ease to permit the arms to swing without pulling the sleeve

Neckline:
* crosses the back of the neck through the center of the prominent vertebra
* lies smooth against the base of the neck at front, sides, and back
* crosses near the top of the collar bone or at the base of the throat depression
* does not chafe the neck cords

Shoulder Seamline:
* divides the neck, shoulder, and arm into pleasing proportions
* is inconspicuous from front and back
* lies close to the body without strain at any point along its length
* is a visually straight line from neck to armscye

Blade and Chest Areas:
* have horizontal and vertical grainlines that lie parallel and perpendicular to the floor
* lie smooth against the body between the creases of the arm
* allow arms to move comfortably without strain at the shoulders or armscye

Armscye:
* lies about 1/2 inch from the outer surface of the arm
* is in line with the back arm crease when the hands are crossed at the front
* is in line with front arm crease when hands and arms are relaxed at sides
* neither constricts nor cuts the body, nor pulls away from it at any area

Bust:
* grainline is parallel and perpendicular to the floor at center front
* has adequate ease to permit body movement and prevent gaps at closures
* is free from diagonal or horizontal distortion

Sleeve:
* outer edge extends 1/2 inch from armscye, then drops vertically
* has horizontal and vertical grainlines that lie parallel and perpendicular to the floor at the capline
* underarm seam is in line with center of wrist
* hemline maintains a pleasing relationship to the body and other style lines