



## FOR A FABULOUS FIT LOWER TORSO AND LEGS

### Side Seams:

- are perpendicular to the floor
- divide the body into becoming proportions
- appear as straight lines on the body
- appear to intersect the waistline at 90-degree angles
- create equal visual distances beyond the edges of the legs when the garment is viewed from front, back, or side

### Waistline:

- divides the body into pleasing vertical proportions
- is parallel to the floor across the front
- follows the body contour across the back
- is loose enough to allow shoulders to rise and arms to move
- is loose enough to allow the body to expand during sitting, breathing, and eating

### Hip Area:

- grainline is parallel to the floor at the center front and center back
- circumference is adequate to permit fabric to relax
- allows for movement without straining the fabric
- does not gap at center front or center back when button closures are used
- is free from diagonal, horizontal, or lengthwise distortion
- is controlled with correctly fitted darts to accommodate the curves

### Hemlines:

- are parallel to the floor
- lie slightly above or below the largest part of the leg (or hipline for jackets)
- divide the body into pleasing proportions

## LOWER AND UPPER TORSO AREAS

### Center Back and Center Front Seam:

- are perpendicular to the floor
- are centered on the body
- are straight lines

### Darts:

- point toward the crown of the curve being accommodated
- appear as straight lines on the body
- end approximately 1 inch short of the fullest part of the curve
- are sewn to conform the fabric to the shape of the body surface
- have no fabric strain, bubbles, or wrinkles at the dart tip area
- are positioned to create pleasing proportions



**FOR A FABULOUS FIT  
UPPER TORSO AND ARMS**

**Side Seams:**

- slope forward from underarm to waist
- divides the body into pleasing proportions
- are straight lines
- create enough ease to permit the arms to swing without pulling the sleeve

**Neckline:**

- crosses the back of the neck through the center of the prominent vertebra
- lies smooth against the base of the neck at front, sides, and back
- crosses near the top of the collar bone or at the base of the throat depression
- does not chafe the neck cords

**Shoulder Seamline:**

- divides the neck, shoulder, and arm into pleasing proportions
- is inconspicuous from front and back
- lies close to the body without strain at any point along its length
- is a visually straight line from neck to armscye

**Blade and Chest Areas:**

- have horizontal and vertical grainlines that lie parallel and perpendicular to the floor
- lie smooth against the body between the creases of the arm
- allow arms to move comfortably without strain at the shoulders or armscye

**Armscye:**

- lies about 1/2 inch from the outer surface of the arm
- is in line with the back arm crease when the hands are crossed at the front
- is in line with front arm crease when hands and arms are relaxed at sides
- neither constricts nor cuts the body, nor pulls away from it at any area

**Bust:**

- grainline is parallel and perpendicular to the floor at center front
- has adequate ease to permit body movement and prevent gaps at closures
- is free from diagonal or horizontal distortion

**Sleeve:**

- outer edge extends 1/2 inch from armscye, then drops vertically
- has horizontal and vertical grainlines that lie parallel and perpendicular to the floor at the capline
- underarm seam is in line with center of wrist
- hemline maintains a pleasing relationship to the body and other style lines