



Name _____ Period _____ Date _____

PRECISION FIT—MALE

Directions: Take the following measurements to determine your correct pattern size. Use the information under "Measuring Tips" to help you get an accurate measurement. Record each measurement in inches on the line under "To Find Body Type." Compare your measurements to the standard measurements for each body type and size. Write the best pattern size for you in the space provided.

To Find Your Body Type:

Height _____

Body Build _____

To Find Pattern Size:

Neck _____

Chest _____

Waist _____

Hips _____

Sleeve Length _____

Measuring Tips:

Measure without shoes, standing against a wall, head to floor.

Look in mirror, compare your body proportions to charts in the pattern books or on the wall.

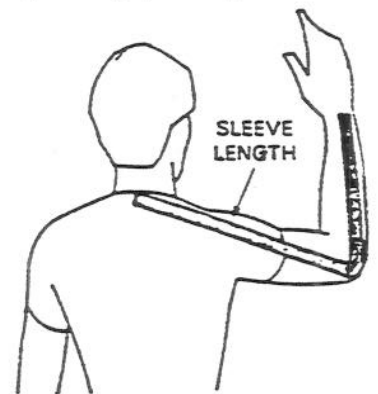
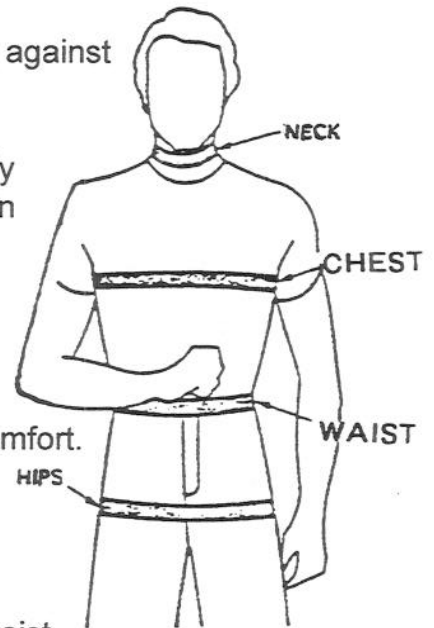
Measure around the base of the neck and add one-half inch for comfort.

Measure around the broadest part of chest.

Tie a piece of yarn around your waist and bend over, allowing the string to place itself naturally. Measure the string at your natural waistline.

Measure around the fullest part of the hips, parallel to the floor.

Measure from your neckbone, around bent elbow to your large wrist bone.



My Figure Type Is: _____

My Shirt/Jacket Pattern Size Is: _____

My Pant Pattern Size Is: _____