All About Thread...
Remember to buy your thread, as well as other notions, when you purchase your fabric.
To prevent tangling, use only 18 to 24 inches of thread when sewing by hand.
If your machine thread breaks or the needle comes unthreaded, is your:

- Machine threaded correctly?
- Needle inserted properly?
- Bobbin inserted correctly?
- Take-up lever in the correct position?
Cut thread diagonally for easy threading.
Match the dominant color in the plaid, stripe, or print. Choose a darker rather than lighter shade.

I-III-50
Buy cotton/polyester thread for knit fabrics to prevent popped or puckered seams.