SHARP SHOPPING

Directions: Rate yourself by indicating how often you follow each of the shopping guidelines listed. Mark each item using the following code:
A = Always  O = Often  S = Sometimes  N = Never
When you have finished, score yourself as instructed.

1. I plan carefully before I buy clothing.
2. I recognize good quality in clothing when I see it.
3. I bring or wear the clothes I want to match when I shop.
4. If I buy faddish clothing or accessories, I limit the amount I spend on them.
5. I follow a clothing budget.
6. The clothes I buy are versatile and can be worn many ways.
7. I avoid purchasing clothes that I will rarely wear.
8. I own a good balance of clothes for casual wear, school, and dress up.
9. I have a good sense of the colors and styles that flatter me.
10. I can usually tell whether or not something will look good on me before I try it on.
11. I alter or repair clothes myself rather than buying something new.
12. New clothing purchases go with at least two or three things I already have.
14. I shop at stores that sell the types of clothes I like.
15. I can find an attractive combination of clothes for almost any occasion from my current wardrobe.
16. I take advantage of clothing sales.
17. I avoid buying clothes on impulse.