BETTER BODY CONTOURS: TRUE OR FALSE

1. _____ Wearing the same color of shirt and pants will make you look taller.

2. _____ If your shoulders are broad, you should not wear bulky, fuzzy sweaters.

3. _____ A tall person who wants to appear shorter should wear vertical stripes.

4. _____ Light colors may make you appear slimmer.

5. _____ If your waist and hips are average size, pleated skirts or plaid pants could work for you.

6. _____ Wearing shoes and a belt that contrast with the rest of your outfit is a good idea if you want to draw attention to your feet and waist.

7. _____ If you are a bit heavy, a shiny, vinyl coat will help to minimize your size.

8. _____ Body contour faults are hidden when you wear clothes that fit correctly.

9. _____ If you are small, you should wear small prints; if you are large, you can wear large prints.

10. _____ Double-breasted jackets or coats make a person look more slender.

11. _____ A short neck will look even shorter in a turtleneck.

12. _____ A heavy set person looks better wearing fabrics that are cling-free rather than those that cling to the form.

13. _____ Wearing a suit all the same color makes you appear larger in size.

14. _____ Horizontal lines are flattering to a short body.

15. _____ The split vertical line adds height and accent at the facial area.

16. _____ A small area of a cool, light color will balance a large area of a warm, dark color.

17. _____ Very bright and bold colors, or very large prints, will overpower a person with a small frame.

18. _____ A person who is "top heavy" will want to use shoulder pads and dropped shoulder lines.