



**ALTERATIONS FOR THE DISABLED**

Simple alterations or modifications made in clothes for disabled persons enables them to be more self-sufficient as well as more comfortable. These adjustments may simply take the form of an easier type of fastener or a minor styling change.

Some common types of modifications needed for the disabled and possible solutions are:

<b>PROBLEM</b>	<b>SOLUTION</b>
Can't fasten pants/skirts	Make elasticized waist
Can't fasten small snaps/hooks and eyes <ul style="list-style-type: none"> <li>• cuffs</li> <li>• necklines</li> </ul>	Replace with larger snaps/hooks and eyes Replace with hook and loop tape
Need more space for cast/brace	Open seam; add hook and loop tape Open seam; leave open and resew later
Buttons too small	Replace with larger buttons (May have to enlarge buttonholes, too)
Can't hold zipper pull	Add a plastic or metal ring, or a fabric loop to pull
Can't get garment over head	Add an extra zipper in seamline
Others:	
_____	_____
_____	_____
_____	_____
_____	_____