

DYNAMICS OF CLOTHING II

(LEVEL II)

Grades: 9-12
One or Two Semesters

CIP CODE 20.0103

This course is designed to allow students to develop clothing construction and consumer skills. Fabric selection, alteration, recycling, fitting, creative designing, and fashion may be explored in this course. Student leadership (FHA/HERO) may be an integral part of this course.

SCOPE AND SEQUENCE:

I. PSYCHOLOGICAL ASPECTS OF CLOTHING (2%)

A. Behavior, Image, and Dress

1. Analyze the relationship of behavior, images, and dress.
2. Determine appropriate attire for a variety of occasions.

B. Self-Concept and Self-Image

1. Evaluate the role self-concept plays in clothing choices.
2. Analyze the impact of one's personal image on his/her self-concept.

II. WARDROBE SELECTIONS (6%)

A. Wardrobe Consumerism

1. Analyze personal clothing expenditures.
2. Review quality indicators of clothing.
3. Review smart consumer techniques.
4. Describe the pricing structure of clothing.
5. Differentiate between various types of clothing labels.
6. Decipher what advertisements really say.
7. Differentiate between various kinds of sales.

B. Wardrobe Evaluation and Planning

1. Identify outside influences on clothing decisions.
2. Evaluate the role personal values play in a wardrobe plan.
3. Review present wardrobe and evaluate for adequacy and appropriateness to personal lifestyle and activities.

III. FABRIC SELECTION AND PREPARATION

A. Fibers and Fabrics

1. Explore the history and origins of fibers used in fabric construction.
2. Review characteristics of various fibers.
3. Study the characteristics of a larger variety of fibers.
4. Review the basic types of fabric construction.
5. Study a larger variety of weaving and knitting patterns and the appropriate uses of the end products.
6. Study various types and purposes of fabric finishes and their effects on the end product.
7. Identify and name a large number of fabrics.
8. Use standard terms related to textile technology.

IV. EQUIPMENT

(6%)

A. Equipment Use

1. Review basic equipment needed for sewing and pressing.
2. Exhibit proficiency in use of specialized equipment for sewing and pressing.
 - a. Thread and adjust serger as needed.
 - b. Perform a wide variety of serger techniques.
 - c. Demonstrate use of pressing ham, counter-top presser, needle or velva board, commercial iron, and other applicable pressing equipment.
 - d. Perform a wide variety of sewing machine techniques, with and without special attachments.

B. Equipment Consumerism

1. Itemize various equipment needed for personal and/or family clothing construction.
2. Assess the costs of sewing equipment.
3. Compare the costs and features of various types of machines for potential purchase.

V. CONSTRUCTION TECHNIQUES

(48%)

A. Project Selection and Fabric Preparation

1. Assess level of personal sewing skills.
2. Select sewing project(s) that incorporate(s):
 - a. knowledge of fabric construction and care.
 - b. personal wardrobe plan.
 - c. construction techniques to be learned.
 - d. level of personal sewing skills.

3. Review preparation of fabric for cutting and sewing.
4. Review special handling techniques required for specialty fabrics.
5. Prepare construction schedules.

B. Intermediate Construction Techniques

1. Incorporate and complete the following suggested intermediate level construction techniques in various projects:
 - a. seams and seam finishes
 - b. darts, tucks, and pleats
 - c. interfacing
 - d. binding (bias and bias treatments)
 - e. zippers
 - f. pockets
 - g. sleeves, plackets, and cuffs
 - h. collars and necklines
 - i. lining/underlining
 - j. facings
 - k. waistbands and belts
 - l. hem treatments and finishes
 - m. speed tailoring
 - n. ruffles and trims
 - o. bound buttonholes
 - p. specialty fabrics
2. Follow pattern information, marking guides, and sewing guidelines.
3. Utilize appropriate pressing methods throughout construction.
4. Demonstrate mastery of intermediate level construction techniques on samples and/or sewing projects.
5. Utilize time-management skills to complete projects.

VI. CAREER OPPORTUNITIES

(6%)

A. Textiles and Apparel Careers

1. Identify textiles and apparel related career opportunities.
2. Explore a specific textiles and apparel related career (e.g., retail sales, alterations, repairs, instruction, production, design, communication, textiles manufacture, etc.).
3. Evaluate the advantages and disadvantages of various career opportunities related to textiles and apparel.

B. Entrepreneurship Opportunities

1. Identify entrepreneurship/home-based industry opportunities related to textiles and apparel.
2. Assess the advantages and disadvantages of entrepreneurship opportunities related to textiles and apparel.

3. Examine the characteristics, work ethics, personal discipline required of successful entrepreneurs.
4. Recognize and use standard business related terms.
5. Set up a home-based business (in theory or reality) related to textiles and apparel, based on the application of sewing skills for profit.

OR

Establish a group industry related to textiles and apparel, based on the application of sewing skills for profit.

VII. CREATIVE SEWING

(11%)

A. Specialized Techniques

1. Recognize sewing as a creative outlet.
2. Perform specialized sewing techniques, such as quilting, inserting piping or pregathered lace, appliqué, tucks, machine embroidery, etc.
3. Apply specialized sewing techniques to garments/projects.

B. Original Designs

1. Identify methods for developing original designs.
2. Study flat pattern design principles.
3. Apply flat pattern design techniques.
4. Incorporate original designs and/or specialized techniques in project(s).

VIII. RECYCLING AND ALTERATIONS

(6%)

A. Redesigning/Recycling Clothing and/or Fabric

1. Recognize a variety of creative ways to recycle or redesign clothing and/or fabric.
2. Identify the practical benefits of recycling as it relates to textiles and apparel.
3. Recycle and redesign an article of clothing and/or fabric (e.g., adding an applique, handwork, or decorations to an existing article, recycling fabric from an old article into a new article, etc.)

B. Alterations and Repairs

1. Identify various types of repairs commonly needed on clothing and/or household items (e.g., buttons resewn, zippers replaced, seams or stitching resewn, worn places reinforced, tears or rips mended, etc.).
2. Recognize the economic and aesthetic value of making timely clothing repairs to increase life span of garments and maintain original appearance.
3. Identify various types of alterations commonly needed for proper fit and appearance along with possible solutions (e.g., changing hem-lines, modifying cuffs, altering necklines, removing collars, changing leg width, replacing buttons, etc.).

4. Explore areas of application for alteration techniques:
 - a. Ready to wear (new clothing)
 - b. For the disabled
 - c. Recycled articles
5. Apply alterations and/or repair techniques.

IX. CHILDREN'S CLOTHING

(11%)

A. Clothing Needs of Children and Construction Techniques

1. Study the special fitting and design needs of children.
2. Compare ready-made articles of children's clothing to custom-sewn articles for cost, quality of fabric and construction, design features, comfort, personal preference, and appearance.
3. Identify specific construction and fitting techniques used in children's clothing to those used for adult clothing.
4. Incorporate children's construction and fitting techniques in a child's article of clothing.