MACHINE APPLIQUÉ

Appliqué is the process of sewing one or more pieces of fabric to the top of a larger piece of fabric. It can be done by hand or by machine—the machine stitching is faster and provides a more finished look. This process allows the sewer to have some artistic license, as well as being a practical solution for covering tears and worn-out spots.

Directions:

1. Select your design and/or fabric for appliqué and prepare it. This can be done several ways.
   A. For original work, trace the design on the right side of the fabric you wish to use.
   B. For non-original work, choose a graphic from another piece of fabric.

2. Cut out the design, leaving a 1/4-inch seam allowance all the way around.

3. Place on garment and prepare to baste or fuse in place. Again this can be done several ways.
   A. The appliqué can be basted in place with a long running stitch by hand or machine.
   B. The appliqué can be fused in place with fusible web, such as Stitch Witchery, Wonder-Under, or Heat and Bond. (Place the fusible web between the graphic and the garment.) Match web weight to fabric.
   C. The appliqué can be fused in place by using a piece of plastic bag. (Must be a thin plastic like a food produce bag or dry cleaning bag. DO NOT use heavier food storage bags or colored plastic.)

4. Trace outline of appliqué on fusing material and cut out 1/4 inch smaller than appliqué size.

5. Layer the following items on the ironing board:
   Top: Piece of plain paper (like butcher paper)
   Top middle: Appliqué piece
   Bottom middle: Fusion web or plastic
   Bottom: Garment (or fabric)
   Very bottom: Ironing board

6. Baste or fuse in place. This is necessary to keep the appliqué from shifting during stitching. When applying heat, follow the directions of the manufacturer. (Generally this will be about five seconds.) Check to make sure the appliqué is fused; if not, repeat process.

7. Remove butcher paper and dispose of it.

8. Use a satin stitch (wide, very short zigzag) and stitch around the edge of the appliqué. Trim as needed when finished.