

# DYNAMICS OF CLOTHING II

**UNIT II:**            *WARDROBE SELECTIONS*

**TOPIC B:**            **WARDROBE EVALUATION AND PLANNING**

**OBJECTIVE:**        Students will explore the role personal values play on clothing choices and will develop a personal wardrobe plan.

**CONCEPT:**        Personal values play an important role in one's clothing selections just as one's clothing selections play an important role in a wardrobe plan. The overall wardrobe must be versatile with many components that meet many different needs and still be affordable.

**COMPETENCIES:**

1. Identify outside influences on clothing decisions.
2. Evaluate the role personal values play in a wardrobe plan.
3. Review present wardrobe and evaluate for adequacy and appropriateness to personal lifestyle and activities.

**ACTIVITIES/OPTIONS****SUPPLIES NEEDED**

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| 1. | Influences on Clothing Choices             | Copies of student activity guide (II-II-34)  |
| 2. | Influences of Values on Clothing Choices   | Copies of student activity guide (II-II-38 and II-II-39)   |
| 3. | Guest Speaker: Fashion Consultant          | None   |
| 4. | One Outfit Fits All?                       | None (students bring)  |
| 5. | Closet Closeups                            | Copies of student activity guide (II-II-40 and II-II-41)   |
| 6. | Design-A-Wardrobe                          | Current fashion magazines<br>Pattern books<br>List of requirements for assignment<br>Copies of student activity guide (II-II-42)   |
| 7. | <u>Ideal Silhouette/Suit Yourself</u><br>◉ | Computer programs from Meridian Education Corporation<br>Computer and printer<br>4" x 6" Index cards<br>(See pages I-II-46 through I-II-49 of <u>Dynamics of Clothing I</u> curriculum.) |
| 8. | Wardrobe Selections                        | Textbooks<br>Student activity guides (teacher generated)   |

**ACTIVITIES/OPTIONS****Option 1: Influences on Clothing Choices**

Have the student complete the student activity guide, INFLUENCES ON CLOTHING CHOICES. When the students have completed the guide take a quick poll to see how many students checked each factor. Discuss the results as a class. Explain that whether or not they checked the factor labeled "your values," most of the factors that influenced their choices are based upon their personal value system. Follow this activity with the next activity.

**Option 2: Influences of Values on Clothing Choices**

Using the teacher background information as a guide, examine the ways personal values are reflected in clothing choices. Have the students complete the student activity guide, INFLUENCES OF VALUES ON CLOTHING CHOICES, and discuss the findings as a class.

**Option 3: Guest Speaker: Fashion Consultant**

Have a guest speaker from a local fashion store who will bring five to eight pieces and demonstrate how to develop a classy wardrobe with a minimum number of pieces. Ask them to also talk about the principles of design and how they can be applied to enhance personal appearance.

**Option 4: One Outfit Fits All?**

Have each student select one item from his/her wardrobe and use it as a pivot point. Then have the students bring these items to school with all the clothing items and/or accessories that could be worn with that item. See if they can make 15 different outfits from a core set of garments. Have the students present their outfits to the rest of the class in the form of a mini-fashion show.

**Option 5: Closet Closeups**

Have the students take an inventory of items in their wardrobes using the student activity guide, CLOSET CLOSEUPS.

**Option 6: Design-A-Wardrobe**

Use current fashion magazines or pattern books and have the students create a wardrobe for themselves. Include requirements for using color, line, and design to meet personal preferences, body contour, personal coloring, lifestyle, and activities. The teacher may want to put some limitations on number of items and/or amount spent.

A student activity guide, MY CLOTHING STYLE, can be used to assist the students in identifying the type of clothing they are most comfortable wearing.



**ACTIVITIES/OPTIONS**

**Option 7: Ideal Silhouette/Suit Yourself**

If the video programs, Ideal Silhouette/Suit Yourself, and the accompanying materials were not used in Unit II of Dynamics of Clothing I, they could be used here very effectively.

**Option 8: Wardrobe Evaluation and Planning**

Have the students read related information from whatever textbooks are available and make personal application of the information with an assignment.

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**RESOURCES**

**Videos**

Wardrobe Planning, Meridian Education Corporation, Dept. H-92, 236 E. Front Street, Bloomington, IL 61702, 1-800-727-5507. Catalog No. 2119.

Color in Clothing, Learning Seed, Learning Seed, 330 Telser Road, Lake Zurich, IL 60047. 1-800-634-4941. Catalog No. 146.

Wardrobe Management: Dress Well for Less, Learning Seed, 330 Telser Road, Lake Zurich, IL 60047. 1-800-634-4941. Catalog No. 152.

Clothing and You, Meridian Education Corporation, Dept. H-92, 236 E. Front Street, Bloomington, IL 61702, 1-800-727-5507. Catalog No. 2116.



**ASSESSMENT/EVALUATION QUESTIONS**

**1. Identify outside influences on clothing decisions.**

1. List five (5) outside influences that can affect one's clothing choices.
  - what friends wear (peer pressure)
  - advertisements (TV, movies, magazines)
  - image you want to project
  - local customs and traditions
  - desire to be different/unique
  - climate-weather
  - personality likes
  - money available for clothing
  - your mood
  - comfort
  - current fads
  - activity for day
  - color
  - store displays
  - school dress code
  - style
  - personal values
  - self-concept
2. What are the five (5) factors that influence your personal clothing choices most often?
  - Answers will vary

**2. Evaluate the role personal values play in a wardrobe plan.**

1. Explain how personal values affect one's clothing choices.
  - Answers will vary
  - For example: If one values simplicity, one's clothing choices will probably be fairly plain and simple.
2. Identify two (2) of your own personal values that are reflected in your clothing choices.
  - Answers will vary
3. Explain how one's personal values affect the amount of money spent on clothing.
  - Answers will vary
  - For example: If one values education over appearance, more money will be spent on educational opportunities than up-to-date clothing.
4. What are personal values?
  - Values are fundamental beliefs and attitudes about the worth or importance of things, and they direct our specific attitudes and interests.
5. Where do we learn our values?

We learn values from many sources, including the larger societies in which we live, our families, friends, schools, books, television, and movies.



**ASSESSMENT/EVALUATION QUESTIONS**

3. **Review present wardrobe and evaluate for adequacy and appropriateness to personal lifestyle and activities.**
1. Putting together a well-functioning wardrobe does not take much work.  
A. True  
B.\* False
  2. The first step in planning a wardrobe is assessing how you spend your time.  
A. True  
B.\* False
  3. Good wardrobe planning results in clothes that go together well.  
A.\* True  
B. False
  4. On what should a wardrobe plan be based?  
A.\* The clothes one already has  
B. Uniforms needed for work  
C. The clothes one needs to buy  
D. Money available
  5. When purchasing clothing, it is not necessary to consider the items that are already in your wardrobe.  
A. True  
B.\* False
  6. A conservative dresser avoids extremes in fashion.  
A.\* True  
B. False
  7. One way to expand your wardrobe is to mix and match clothing separates in new ways.  
A.\* True  
B. False
  8. Your clothing choices should be partly based on how you spend your time.  
A.\* True  
B. False
  9. Clothes bought in matching outfits should never be worn with any other clothes.  
A. True  
B.\* False



**ASSESSMENT/EVALUATION QUESTIONS**

10. Describe two ways that clothing needs may be met.
  - Buying needed additions
  - Exchanging clothing among family members or friends
  - Altering or repairing clothing so it can be used for another season
  
11. People should avoid taking risks when choosing new clothing combinations.
  - A. True
  - B.\* False
  
12. It is a good idea to avoid spending large amounts of money on faddish clothing.
  - A.\* True
  - B. False
  
13. Buying versatile clothing now will allow you to adapt more easily to future clothing needs.
  - A.\* True
  - B. False
  
14. Changing accessories can make an outfit look more or less dressy.
  - A.\* True
  - B. False
  
15. Buying exactly the same clothing that a friend wears will ensure that you look your best.
  - A. True
  - B.\* False