



Name _____ Period _____ Date _____ Score _____

WHAT IS A FAMILY?

1. A family is: _____

2. A family is people caring _____
3. A family is people _____ and _____ love.
4. A family is people _____ and _____ together without feeling ashamed.
5. A family is people reaching out to _____

6. A home is a haven where one's basic _____ and _____ needs are met.
7. A family is a unit wherein _____ is developed through the help and love of other family members.
8. The family is the _____ of society.

There are many types of families. Some of these are:

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

You are an important part of your family!

On the back of this paper, list ten (10) reasons why YOU are an important part of your family.

TOPIC #6: Family Dynamics

Student Activity Guide



Students in _____

Family: _____

FAMILY INFORMATION

A family is: _____

1. Our family name is: _____

2. Our family type is: _____

3. The members of our family who work are:

Their jobs are:

Their salaries are:

4. Names of our family members:

Age:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

5. Draw your family flag as instructed.

Place this sheet in your Family Record Book.

TOPIC #6: Family Dynamics

Student Activity Guide



Students in _____

Family: _____

Family Name _____ Period _____ Date _____

Family Type _____

FAMILY RECORD BOOK GRADING SHEET

- _____ 1. Family Information
- _____ 2. Family Flag
- _____ 3. Our " _____ " Family Tradition
- _____ 4. Family Careers and Income
- _____ 5. "The Family House"
- _____ 6. "The Family Auto"
- _____ 7. "The Family Budget"
- _____ 8. Overall appearance and presentation

- _____ Final Score





COMMUNICATION PUZZLE OBSERVATION SHEET

FAMILY NAME _____

1. DID ALL THE FAMILY MEMBERS PARTICIPATE IN PUTTING THE PUZZLE TOGETHER? _____

2. DID ONE PERSON BECOME THE LEADER? _____
IF SO, WHO? _____

3. HOW DID THEY COOPERATE WITH EACH OTHER? _____

4. HOW DID THE FAMILY MEMBERS USE NONVERBAL COMMUNICATION TO PUT THEIR PUZZLE TOGETHER? _____

5. DID THE FAMILY MEMBERS SHOW ANY FRUSTRATION AS THEY TRIED TO WORK TOGETHER WITHOUT COMMUNICATING?

NAME OF OBSERVING STUDENT: _____



NAME _____ PERIOD _____ DATE _____ SCORE _____

THE "NO-LOSE/WIN-WIN" METHOD

DIRECTIONS: Read each of the following family problems. Then answer each of the "No-Lose/Win-Win" questions to solve the problem.

Problem 1

My mother and I just got back from shopping. I wish she would just stay home and let me choose my own clothes. She doesn't even know what the kids are wearing now. We had a big fight in the store. I told her I was 12 years old and that I was old enough to know what I wanted to wear.

1. What is the problem? _____
2. What are my feelings about the problem? _____

3. How do I add to the problem? _____
4. How do others add to the problem? _____
5. How or what can we change so that everyone is satisfied? _____

Problem 2

I can't go to the movie on Saturday because I'm "grounded" all week. My parents made this stupid rule about doing chores—if I forget to do them for a couple of days, I have to stay home. I don't know why they get so excited about things like taking out the garbage and dusting the furniture.

1. What is the problem? _____
2. What are my feelings about the problem? _____

3. How do I add to the problem? _____
4. How do others add to the problem? _____
5. How or what can we change so that everyone is satisfied? _____



THE "NO-LOSE/WIN-WIN" METHOD - PAGE 2

Problem 3

My little sister "borrowed" my computer football game I got for Christmas without asking. She took it to school and lost it. I really told her off when I found out. I told her I was going to take something of hers if she ever touched my stuff again.

1. What is the problem? _____
2. What are my feelings about the problem? _____

3. How do I add to the problem? _____
4. How do others add to the problem? _____
5. How or what can we change so that everyone is satisfied? _____

Problem 4

Every morning there's a war at our house. Everyone wants in the bathroom at the same time. My sister thinks she owns it. We all leave the house in a terrible mood!

1. What is the problem? _____
2. What are my feelings about the problem? _____

3. How do I add to the problem? _____
4. How do others add to the problem? _____
5. How or what can we change so that everyone is satisfied? _____



NAME _____ PERIOD _____ DATE _____ SCORE _____

THE FAMILY COUNCIL

FAMILY NAME _____ FAMILY TYPE _____

1. What does the term "family council" mean?

2. What does a family council do?

3. Who is involved in a family council?

4. How was the council set up in the No-Name family?

5. What were the rules of the council?

6. What was the purpose of the council?

7. Do you think the family council was effective in solving family problems or concerns? Why or why not?

8. Do you think a family council could be effective in solving your own family problems or concerns? Why or why not?

Now go to the next page to set up your own family council.



NAME _____ PERIOD _____ DATE _____ SCORE _____

OUR FAMILY TRADITION

TRADITIONS ARE ACTIVITIES THAT SERVE TO BOND FAMILIES TOGETHER.

1. Describe your favorite tradition in your family or one you've heard about.

2. How was this tradition started?

3. What special materials, funds, or work is required to make this tradition function?

4. How often does the family participate in this tradition?

5. What purpose does this tradition serve in the family?

6. How could this tradition be improved?

MY T-L-C FAMILY TRADITION:

1. Describe the tradition your T-L-C family has chosen.

2. How much time will the family spend together participating in this tradition?

3. How often will your family participate in this tradition?

4. What purpose will this tradition serve in your family?

5. What special materials, funds, or work will be required to make this tradition function?

6. What is another possible tradition that would be fun and worthwhile for your family to begin?

TOPIC #6: Family Dynamics

Student Activity Guide



NAME _____ PERIOD _____ DATE _____ SCORE _____

CELEBRATIONS AND TRADITIONS

IN THE COLUMN MARKED | * |, WRITE AN "N" IF IT IS A TRADITION YOU DO NOW;
WRITE AN "I" IF IT IS AN IDEA FOR A TRADITION.

CELEBRATION	DATE	*	TRADITION(S)
1. _____	_____		_____
2. _____	_____		_____
3. _____	_____		_____
4. _____	_____		_____
5. _____	_____		_____
6. _____	_____		_____
7. _____	_____		_____
8. _____	_____		_____

FAMILY BIRTHDAYS	DATE	*	TRADITION(S)
1. _____	_____		_____
2. _____	_____		_____
3. _____	_____		_____
4. _____	_____		_____
5. _____	_____		_____
6. _____	_____		_____
7. _____	_____		_____
8. _____	_____		_____

This student activity guide could be included in your "Independent Ideas" Handbook.



NAME _____ PERIOD _____ DATE _____ SCORE _____

SHARING

SHARING

Matching phrases:

1. A sibling is: _____
2. A compromise is: _____
3. Respect means: _____
4. Encouragement means: _____
5. Sharing means: _____
6. Sharing requires: _____
7. To share, there must be: _____

SHARING QUESTIONS

1. What kind of personal possessions are easy to share with others?

2. A. What is your most valued possession? _____
B. How do you feel about sharing it? _____
3. How do you feel about using other people's possessions?

4. Matthew and Ryan share a room. They both complain about not having any privacy. What could they do? _____
5. What does compromise have to do with sharing?

6. Which family members need to show respect for other family members personal space and belongings? _____
7. Why is it okay to share with other family members? _____
8. The acts of "sharing" and "communication" both require _____ to make them happen.

TOPIC #6: Family Dynamics

Student Activity Guide



NAME _____ PERIOD _____ DATE _____ SCORE _____

THE ADVANTAGES OF ORGANIZATION



FAMILY LINKS

Family members have certain responsibilities to each other in sharing, helping, encouraging, cooperating, compromising, and respecting.

To which family members do you have responsibility?

To which family members do siblings have responsibility?

To which family members do parents have responsibility?

Some ways I can show cooperation with other family members are:

1. _____ 2. _____

3. _____ 4. _____

Some ways I can give encouragement to other family members are:

1. _____ 2. _____

3. _____ 4. _____

Some ways I can show respect for other family members are:

1. _____ 2. _____

3. _____ 4. _____

Some ways I can compromise with other family members are:

1. _____ 2. _____

3. _____ 4. _____

Some ways I can share with other family members are:

1. _____ 2. _____

3. _____ 4. _____

Some ways I can help other family members are:

1. _____ 2. _____

3. _____ 4. _____