
UNIT: Maintaining a Healthy Environment **LESSON:** Childhood Emergencies

COMPETENCIES:

1. Discuss and demonstrate basic first aid procedures. (Motivator, Option 1, 2, 4, 5, 6, 7)
2. Identify and know how to use items in a child care center's first aid kit. (Motivator, Option 3)
3. Understand the basics of CPR as it relates to children and infants. (Options 1, 2, 7)

OVERVIEW/SUMMARY:

No one knows when an emergency will occur. It is necessary that all people who work with young children know basic first aid procedures.

MOTIVATOR: Competencies 1, 2

EMERGENCY: Give each student an emergency situation card as they enter the class. They must decide how they would deal with the emergency and share their answers with the class.

LESSON OPTIONS/SUPPLIES:

OPTION 1--Competencies 1, 3--CDA I

GUEST SPEAKER: Invite an EMT, nurse or doctor to come to class and demonstrate basic first aid procedures. Include the abdominal thrust, other choking procedures, bleeding procedures, emergency breathing techniques and CPR. Make certain that he/she explains common types of seizures and how to deal with them.

OPTION 2--Competencies 1,3--CDA I

VIDEO: Show the video "Handling Childhood Emergencies with Confidence" and have the students complete the accompanying worksheet. This is a very complete worksheet and the information is given quickly, so you may wish to assign different students to listen for one or two answers, then discuss the answers as a class.

TEACHER NOTE: The key to this worksheet is comprehensive enough to present a first aid lecture. This worksheet is a good reference for students to keep. Another good video is, "How to Save Your Child or Baby."

OPTION 3--Competency 2--CDA I

A HOME HEALTH CENTER: Review the information found in this lecture guide. You may wish to show examples of each item you discuss. It would also be useful for students to have a copy of the transparencies used in class.

OPTION 4--Competency 1

FIELD TRIP: Take students to various types of facilities that deal with first aid: hospital emergency room, doctor's office, Insta Care, etc. Have the responsible party explain basic procedures and equipment used in their facility.

OVERVIEW--CHILDHOOD EMERGENCIES, page 2

OPTION 5--Competency 1

READING: Have students read information from a textbook and write a short report on five new procedures or concepts they learned. Excellent information is also available from the Red Cross, the hospital education department, or insurance companies.

OPTION 6--Competency 1--CDA I

INDIVIDUALIZED PACKET: Have students complete the packet, "Keeping Children Safe".

OPTION 7--Competencies 1, 3--CDA I

VIDEO: Show the video, "How to Save Your Child's Life", Zenon Video, Catalog #X-001

RESOURCES:**"How to Save Your Child or Baby"**

Video Prescriptions
Pacific Stat Systems, Inc.
9144 Sepulveda Blvd.
Los Angeles, CA 90045

"Handling Childhood Emergencies with Confidence"

Changing Times Education Service, TIME FOR ME Video cassettes
ISBN #0-8219-0353-5, EMC Publishing
300 York Avenue
Saint Paul, Minnesota, 55101 30 minutes

Cambridge Products:

"Childhood Emergencies: What to Do--A Quick Reference Guide"
A flip chart format, BUL93-6-K, Chart . . . \$14.95

The Ouchless House--Your Baby Safe Home

Video--30 minutes, CCP0071V-K . . . \$59.95