HANDLING CHILDHOOD EMERGENCIES WITH CONFIDENCE

C.P.R.

1. What does C.P.R. mean?

2. Is CPR performed on a child the same way that it is performed on an adult?

3. What signs indicate that if a child needs C.P.R.?

4. C.P.R. skills require the three A-B-C steps. What are they?
   a. 
   b. 
   c. 

5. On what part of the body do you check for a pulse?

6. What do you do if there is no pulse?

7. When you perform chest compressions, what part of the body are you working for?

8. Should you stop chest compressions when you get a pulse? Why?

CHOKING

9. What should you do if a choking child is coughing?

10. Is it a good idea to pound a choking child on the back? Why?

11. How many times can you safely repeat the abdominal thrust on a choking child?

12. What should you do if a choking child becomes unconscious?

13. How can you prevent choking?
SEIZURES/CONVULSIONS

14. What should you look for in a seizure?
15. Why do seizures occur?
16. How can you help a child who is having a seizure?

DROWNING

17. How much water needs to be present for a child to drown?
18. If a child is conscious after drowning, what do you do?
19. What should you do for a drowned, unconscious child who is breathing?
20. What should you do for a drowned, unconscious child who is not breathing?

SHOCK

21. List several symptoms of shock.
22. How would you prevent loss of body heat in a child suffering from shock?
23. List conditions that can cause shock.
24. What do you do to treat a child in shock?

POISONING

25. List the symptoms of poisoning.
26. What first aid item induces vomiting?
27. What type of poisons should not be thrown-up?
28. What is the telephone number for the Poison Control Center?

HEAD INJURY

29. What kind of accidents can cause serious head injuries?
30. How should you diagnose a serious head injury?
BLEEDING

31. How can a caregiver control the flow of blood from a child's wound?

32. If there is an object stuck in the child's flesh, what do you do to control the bleeding?

BROKEN BONES

33. Explain the three different types of fractures.
   a. 
   b. 
   c. 

34. What are the symptoms of a fracture?

BURNS

35. Describe how to treat a first-degree burn.

36. Describe how to identify a second-degree burn and how to treat it.

37. What should you teach a child to do if their clothing catches fire?

38. If the child begins running when clothing is on fire, what should you do?

39. What items should not be used on burns?

EYE INJURY

40. What steps should you take if a child complains of something, like sand, in the eye?

41. What should you do for a foreign body embedded in the eye? How might you remove a foreign body from the eye if it is not embedded?