

## OVER-THE-COUNTER MEDICATIONS FOR HOME USE

### KEEP ON HAND AT ALL TIMES:

Aspirin	For pain, fever and inflammation. Not for children under age 15 due to the correlation of aspirin and Reyes Syndrome.
Acetaminophen	For pain and fever, especially with children.
Syrup of Ipecac	To start vomiting if poisoning occurs.
<b>BUY AS NEEDED:</b>	
Anti-diarrheal	To thicken stools or slow digestive spasms.
Antihistamines	For allergies and cold symptom relief. Also helpful for itching.
Decongestants	To ease stuffy nose and head colds. Not safe for children under 1 year of age, unless prescribed by a physician.
Cough syrups:	
Expectorants	To thin and help clear the mucus
Suppressants	To suppress the cough reflex
Laxatives	Avoid if there is any chance of appendicitis.
Ibuprofen	For pain and fever, particularly menstrual pain.