

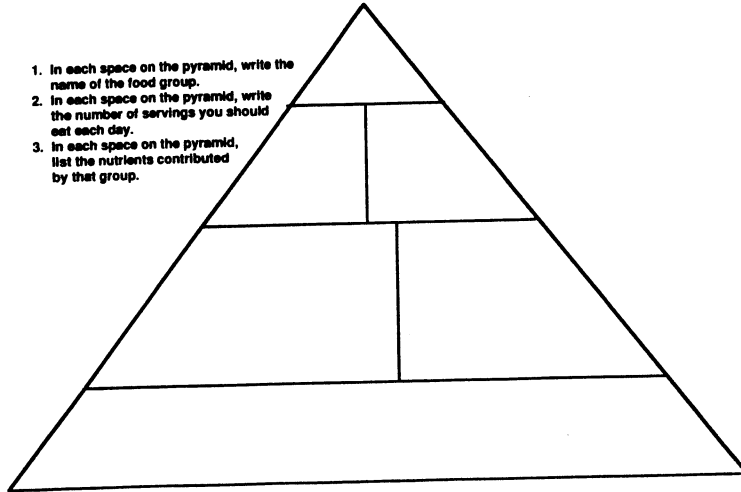
Name \_\_\_\_\_ Hour \_\_\_\_\_

### PYRAMID POWER

Label the food pyramid.

#### PYRAMID REVIEW

1. In each space on the pyramid, write the name of the food group.
2. In each space on the pyramid, write the number of servings you should eat each day.
3. In each space on the pyramid, list the nutrients contributed by that group.



Complete the following information about the food pyramid.

Food Group	Function	Sources	Size of serving
Breads/Cereals			
Fruits			
Vegetables			
Milk Products			
Protein Group			
Others Group			