

## OUTFIT DISPLAY

This class activity is designed to help the students realize that no two people are alike and each has his/her own unique talent/ability which cannot be placed above or below another. You, as the teacher, are the key factor in helping the students understand this concept.

### BEFORE CLASS PREPARATION:

This activity can be done with props or with pictures. Before class, gather together props to represent a few careers. The following are examples: nurse, police, athlete, farmer, mother, zookeeper, businessman, President of United States. (Props can include a tractor for the farmer, a football for the athlete, a briefcase for the businessman, a flag for the President, a stuffed animal for the zookeeper, a doll for the mother, etc.--be creative).

To begin this activity ask the class for volunteers. You will need as many volunteers as you have props. Give a prop to each student. Explain to the class what the prop represents and have the student name one special talent or skill this professional has. After explaining each prop tell the students they have one minute to organize themselves in order of importance. Mass confusion will result for that minute. Call the class back to order and ask the simple question: "Is there a problem?" The point should be stressed that people should not be compared because we all give different things to society. After the class activity have the students write a brief paragraph about their feelings concerning this matter.

PERSONAL LEADERSHIP-----INDIVIDUALIZED ACTIVITY  
10 points possible

Name \_\_\_\_\_ Class \_\_\_\_\_

### WHAT IS LEADERSHIP?

After brainstorming what a leader is with your class, write your definition of leadership.

PERSONAL LEADERSHIP-----INDIVIDUALIZED ACTIVITY  
18 points possible

Name \_\_\_\_\_ Class \_\_\_\_\_

## EVALUATING MY ATTITUDE

The attitude you have about life affects your thought patterns and how you act. Understanding your attitude and making it positive is a step in the right leadership direction.

Listed below are several statements that describe how you think. Circle the number which best describes how you think.

1 = never

2 = sometimes

3 = quite often

4 = almost always

5 = always

- |   |   |   |   |   |   |
|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | I have a positive attitude.   |
| 1 | 2 | 3 | 4 | 5 | I stay cheerful when things go wrong.   |
| 1 | 2 | 3 | 4 | 5 | I enjoy challenges.   |
| 1 | 2 | 3 | 4 | 5 | I can overcome depression. I try to get rid of negative thoughts.   |
| 1 | 2 | 3 | 4 | 5 | I work well in unfavorable conditions.  |
| 1 | 2 | 3 | 4 | 5 | I get out of bed thinking positive thoughts.  |
| 1 | 2 | 3 | 4 | 5 | I can take criticism in a positive manner.  |
| 1 | 2 | 3 | 4 | 5 | I can overcome problems while staying positive.   |
| 1 | 2 | 3 | 4 | 5 | I respond positively to things that irritate me.  |
| 1 | 2 | 3 | 4 | 5 | I enjoy life.   |
| 1 | 2 | 3 | 4 | 5 | I learn from my mistakes without getting upset.   |
| 1 | 2 | 3 | 4 | 5 | I use a positive approach to solve problems.  |
| 1 | 2 | 3 | 4 | 5 | I know positive thinking will help me accomplish much more than negative thinking.                          |
| 1 | 2 | 3 | 4 | 5 | I believe my chances at surviving a serious situation are greater with a positive versus negative attitude. |
| 1 | 2 | 3 | 4 | 5 | I believe my thoughts effect my life.   |
| 1 | 2 | 3 | 4 | 5 | I believe 90% of the way I feel is determined by how I decide to feel.                                      |
| 1 | 2 | 3 | 4 | 5 | I respond positively to life because I know I have unique talents.  |
| 1 | 2 | 3 | 4 | 5 | I know I am important.  |

### Interpreting My Score:

- |        |                          |
|--------|--------------------------|
| 20-.40 | Attitude overhaul needed |
| 40-60  | Service my attitude soon |
| 60-80  | Gaining momentum         |
| 80-100 | Attitude is fine         |

(Adapted from a worksheet received at a Made For Excellence Conference for FFA.)

PERSONAL LEADERSHIP-----INDIVIDUALIZED ACTIVITY  
35 points possible

Name \_\_\_\_\_ Class \_\_\_\_\_

### LEADERSHIP . . . AN ATTITUDE OR A SKILL

The following is a list of qualities and characteristics of successful people. For each term below, circle whether you think that characteristic is an attitude or a skill.

1.	ASSERTIVE	ATTITUDE	OR	SKILL
2.	CARING	ATTITUDE	OR	SKILL
3.	CHARACTER	ATTITUDE	OR	SKILL
4.	COMMITMENT	ATTITUDE	OR	SKILL
5.	COMPETENT	ATTITUDE	OR	SKILL
6.	CONFIDENT	ATTITUDE	OR	SKILL
7.	CONSISTENT	ATTITUDE	OR	SKILL
8.	CREATIVE	ATTITUDE	OR	SKILL
9.	DEPENDABLE	ATTITUDE	OR	SKILL
10.	ENERGETIC	ATTITUDE	OR	SKILL
11.	ENTHUSIASTIC	ATTITUDE	OR	SKILL
12.	FAITH	ATTITUDE	OR	SKILL
13.	FRIENDLY	ATTITUDE	OR	SKILL
14.	GOAL-DIRECTED	ATTITUDE	OR	SKILL
15.	GOOD LISTENER	ATTITUDE	OR	SKILL
16.	HARD-WORKING	ATTITUDE	OR	SKILL
17.	HONEST	ATTITUDE	OR	SKILL
18.	HUMBLE	ATTITUDE	OR	SKILL
19.	INTEGRITY	ATTITUDE	OR	SKILL
20.	INTELLIGENT	ATTITUDE	OR	SKILL
21.	LOVING	ATTITUDE	OR	SKILL
22.	LOYAL	ATTITUDE	OR	SKILL
23.	MOTIVATED	ATTITUDE	OR	SKILL
24.	OPTIMISTIC	ATTITUDE	OR	SKILL
25.	ORGANIZED	ATTITUDE	OR	SKILL
26.	PERSISTENT	ATTITUDE	OR	SKILL
27.	PERSONABLE	ATTITUDE	OR	SKILL
28.	POSITIVE MENTAL ATTITUDE	ATTITUDE	OR	SKILL
29.	PROMPT	ATTITUDE	OR	SKILL
30.	SELF-IMAGE	ATTITUDE	OR	SKILL
31.	SENSE OF HUMOR	ATTITUDE	OR	SKILL
32.	SENSITIVE	ATTITUDE	OR	SKILL
33.	TEACHABLE	ATTITUDE	OR	SKILL
34.	THOUGHTFUL	ATTITUDE	OR	SKILL
35.	UNDERSTANDING	ATTITUDE	OR	SKILL
	TOTAL ATTITUDE	_____		
	TOTAL SKILL	_____		

Do you think attitude is important in life regardless of what you are doing or plan to do?  
Yes \_\_\_\_\_ No \_\_\_\_\_

Did you have even one course during your entire educational career that specifically taught you how to develop these qualities and characteristics of successful people?  
Yes \_\_\_\_\_ No \_\_\_\_\_

Materials adapted From: Raising Positive Kids In A Negative World:  
Ballantine Books, New York, Zig Ziglar.

Name \_\_\_\_\_ Class \_\_\_\_\_

## TO KNOW YOURSELF

Understanding who we are and what we believe is another important step in self-leadership. The following questions will help you examine your beliefs about yourself. Answer the questions in the space provided.

1. The two words that best describe me are:
2. My closest friends are:
3. My favorite person is: Why?
4. My favorite expression is:
5. My favorite hobbies are:
6. My favorite place to visit is: Why?
7. I get angry with people when they:
8. If I could change one thing about myself, I would change:
9. What one wish would you like to have?
10. The happiest time of my life was when:
11. The saddest time of my life was when:
12. The proudest time of my life was when:
13. Five years from now I will be:
14. Something that scares me is: Why?
15. If I could have any pet, it would be? Why?
16. The funniest thing that ever happened to me was:

PERSONAL LEADERSHIP-----INDIVIDUALIZED ACTIVITY  
20 points possible

Name \_\_\_\_\_ Class \_\_\_\_\_

### 20 THINGS I LIKE TO DO

To further examine your attitudes and beliefs, make a list of 20 things you like to do. In the left hand column write an "A" if you like to do this activity alone, "P" if you like to do it with people, and "AP" if you like to do it alone or with people.

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 9. \_\_\_\_\_
- 10. \_\_\_\_\_
- 11. \_\_\_\_\_
- 12. \_\_\_\_\_
- 13. \_\_\_\_\_
- 14. \_\_\_\_\_
- 15. \_\_\_\_\_
- 16. \_\_\_\_\_
- 17. \_\_\_\_\_
- 18. \_\_\_\_\_
- 19. \_\_\_\_\_
- 20. \_\_\_\_\_

PERSONAL LEADERSHIP-----INDIVIDUALIZED ACTIVITY  
20 points possible

Name \_\_\_\_\_ Class \_\_\_\_\_

### WHO AM I NOW?

After completing activity #4 and #5 you have a better idea of who you are, what you enjoy, what makes you sad, and what makes you happy. Activity #6 is to make a collage about you.

A collage represents a person's ideas, beliefs, goals, hobbies, and enjoyments in life. A collage is anything that a person wants to use in any manner to represent him/herself.

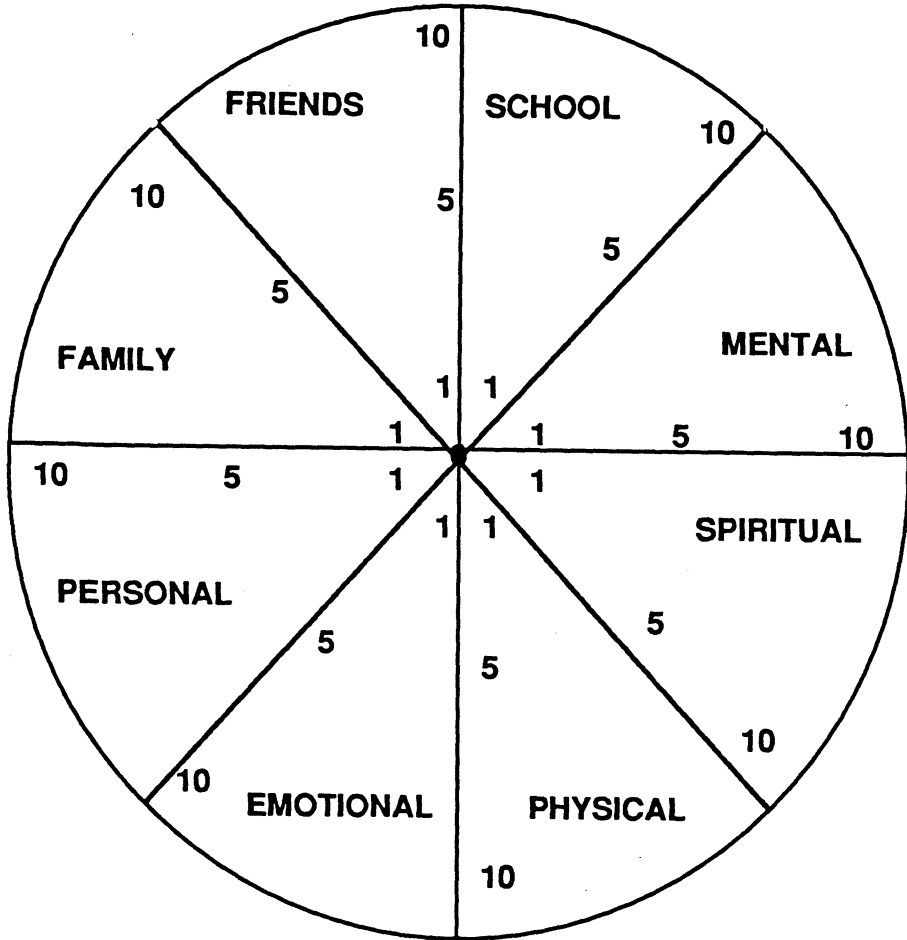
Using magazines, pictorial drawings, or any other small item that can be pasted to a 8" by 11" piece of paper, create a personal collage about you. Tell about your life up to this point, your family, your hobbies, your beliefs, your friends, your accomplishments. Tell the story of you.

PERSONAL LEADERSHIP-----INDIVIDUALIZED ACTIVITY  
 10 points possible

Name \_\_\_\_\_ Class \_\_\_\_\_

### A BALANCED LIFE

Our lives are made from many aspects: family, friends, school, mental, spiritual, physical, and emotional aspects. In the following wheel, rate each area by circling the number that best describes how you feel about each area in your life.  
 10=excellent, 1=needs improvement.



Now go back and play dot to dot by connecting the spokes to create your own wheel. Is your wheel round or bumpy? We need a balanced life in order to develop self-leadership. So remember: "IF THE ROAD YOU TRAVEL IS BUMPY, MAYBE IT IS NOT THE ROAD BUT THE WHEEL YOU CREATED FOR YOURSELF".

Colors represent the way we feel. (Color the spokes of your wheel the color that you feel your life represents in that certain area. Then explain why you chose each color. For instance you could color your school spoke blue because blue is bright and fun, the way you feel about school.



PERSONAL LEADERSHIP-----INDIVIDUALIZED ACTIVITY  
10 points possible

Name \_\_\_\_\_ Class \_\_\_\_\_

### BUILDING A BETTER YOU

After evaluating how you think about yourself, you have become aware of the positive leadership traits you possess. Select one leadership trait you rated high and describe how you can capitalize on it to build a better you.

Name \_\_\_\_\_ Class \_\_\_\_\_

### INTERVIEW A LEADER

To help you identify leadership qualities in others, select one person in your community whom you feel is a leader. Interview this person and find out how he/she became a leader. Write a one-page report about the interview. Include such things as what leadership characteristics he/she has, how he/she developed those leadership qualities, what groups he/she was involved in that helped develop these qualities, etc.

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PERSONAL LEADERSHIP

CHALLENGE PROJECT

10 points possible

Name \_\_\_\_\_

Class \_\_\_\_\_

### LEADERSHIP WITHIN YOUR COMMUNITY

List the organizations within your school and community that help develop leadership skills. Make a list of those available in your school and community. Select one group that you are interested in and do some research on that organization. Find out what their purpose is, whom they serve, what leadership characteristics are developed, the criteria for joining the group, what activities are involved, what time requirements are involved, who the advisor is, who the local officers are, etc. Write a report of your findings.

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PERSONAL LEADERSHIP

CHALLENGE PROJECT

10 points possible

Name \_\_\_\_\_

Class \_\_\_\_\_

## HELLO RESPONSE

People respond to how you treat them. To further see how your actions affect other people, complete the following project:

Everywhere you go for the next three days you are to make a special effort to establish eye contact and say a personalized greeting, (Hi, Hello, Etc.,) to whomever you pass or meet. For one of the days you are to write down all the responses to your greetings. After you have completed the three days, write a response paper including your experiences and feelings about how others responded to the way you treated them. Have fun!