COMPETENCY #2, 3 and 4:

Identify and analyze your current wardrobe needs.

Assess needs and wants for your wardrobe. Plan adjustments to your wardrobe to fit your lifestyle and budget.

CONCEPT: A workable wardrobe is one that is efficient and organized. It is important to know what we have to work with and what we need to improve our wardrobe.

LECTURE/DISCUSSION

Every wardrobe has clothes that are not worn. If you stand at your closet, see that it is full of clothes, and yet find nothing to wear, if your drawers are budging at the sides and you dig through them looking for ANYTHING to put on, and come up empty, then you need a new wardrobe plan!

Planning will require you to make some choices and conclusions. You will need to:

1. <u>IDENTIFY AND ANALYZE</u> your current wardrobe. Take a good hard look at the clothes you already have. If you have not worn certain items for a year or more there probably is a good reason why. Maybe the fit is wrong, or the fit, style, color or fabric, whatever the reason is, if you haven't worn it, you probably won't wear it.

2. DIVIDE CLOTHES INTO GROUPS:

- a. Wearable clothes
- b. Wearable clothes that need repair or alteration
- c. Clothes you never wear and should be discarded

Now, you must make the decisions, what stays, and what goes. It is hard to part with old favorites or things you bought on sale because it was a good deal, and then never put it on. The most expensive thing in your wardrobe is the item you never wear. Plus, all the clothes you never wear are taking up space in your closet and in your drawers.

3. TAKE AN INVENTORY. This will let you see what you have been stashing and hiding in those drawers. Mostly you'll find things you don't wear, and some that have been "lost" for awhile. Now, make a list of everything that is left! This will be the basis for your new wardrobe plan.

- 4. ASSESS CLOTHING NEEDS. Consider your different activities that require special clothes. Do you have a job that requires a certain type of clothing? Do your interests, lifestyle activities, hobbies or athletic interests in need of special clothing for such as swimwear, hiking clothes, Sunday clothes. All these must be considered as you assess your needs.
- 5. MAKE A WARDROBE PLAN to use as a guide. Refer to it as you assess your clothing needs. Consider:
 - a. Closet space
 - b. Budget
 - c. Be flexible and open to new ideas for colors and styles.

WARDROBE WHEELS

What is a wardrobe wheel? How do you use a wardrobe wheel?

A WARDROBE WHEEL is a group of garments and accessories related in color and which may be worn together harmoniously. A wheel might consist of your tweed sports jacket, the two pairs of pants you wear with it, and several shirts and ties. This could be called your sports jacket wheel. Another wardrobe wheel might be a favorite pair of slacks, several blouses or shirts, a vest, a hand knit sweater, and a scarf or tie.

The wardrobe wheel is like a car wheel, which has a hub cap, spokes, and the tire as the outside circle or rim of the wheel.

- (1) Place any article of clothing in the center as the hub of your wheel.
- (2) Arrange fan-shaped, like the spokes of a wheel, the garments that can be worn with the hub. If the center is a top (shirt or jacket) the next layer must be bottoms (skirts or pants)
- (3) The outer rim contains the garments or accessories which complete the outfit.

To further understand this concept, you will need experience.

ASSIGNMENT

Students will complete the WARDROBE PLANNING ASSIGNMENT.

NOTE TO TEACHER: It is suggested that the WARDROBE PLANNING ASSIGNMENT be given to students at the beginning of the unit. As they complete each step have them check off (parents initials) that section. Upon completion of the unit the assignment is due with parent's signature.