

**REGIONAL FOODS PRE-TEST** \_\_\_\_\_ **KEY**

Name \_\_\_\_\_ Period \_\_\_\_\_

**MATCHING**

- |  |              |     |                        |    |   |
|--|--------------|-----|------------------------|----|---|
|  | <u>  C  </u> | 1.  | American Indians       | a) | catfish, chitterlings, chicken, vegetable gardens |
|  | <u>  E  </u> | 2.  | Colonists              | b) | sour dough bread                                  |
|  | <u>  I  </u> | 3.  | New England States     | c) | pineapple, maize, pumpkin, tomatoes               |
|  | <u>  H  </u> | 4.  | Middle Atlantic States | d) | poi, tofu   |
|  | <u>  J  </u> | 5.  | Midwestern States      | e) | Sally Lunn, wild blueberries                      |
|  | <u>  A  </u> | 6.  | Soul Food              | f) | son-of-a-gun stew                                 |
|  | <u>  G  </u> | 7.  | Creole Cooking         | g) | gumbo, file (fee-lay)                             |
|  | <u>  F  </u> | 8.  | Southwestern/West      | h) | 7 sweets and 7 sour                               |
|  | <u>  B  </u> | 9.  | Pacific Coast          | i) | clam chowder                                      |
|  | <u>  D  </u> | 10. | Hawaii                 | j) | pot-luck dinner                                   |

**TRUE OR FALSE**

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|--|--------------|-----|---|
|  | <u>  T  </u> | 11. | During Columbus' time Europeans were much more healthy than American Indians.   |
|  | <u>  T  </u> | 12. | The American Indians cultivated 50% of all the foods the world grows today.   |
|  | <u>  F  </u> | 13. | Tofu is a food from the Southwest.  |
|  | <u>  F  </u> | 14. | People of the Midwest ate wild game that was cooked in large fireplaces in an iron pot or in a Dutch oven.                                    |
|  | <u>  T  </u> | 15. | The Pennsylvania Dutch made Shoofly Pie, a crust with molasses and brown sugar filling.   |
|  | <u>  F  </u> | 16. | The West is called the bread basket of the nation because of its rich soil and good climate.  |
|  | <u>  T  </u> | 17. | Major crops of the South are tobacco, sugar cane, rice, cotton, peanuts.  |
|  | <u>  T  </u> | 18. | Son-of-a-gun stew is made from tongue, liver, stomach, and heart of a freshly slaughtered steer on a drive.                                   |
|  | <u>  T  </u> | 19. | The colonists who came in the 1600s and 1700s brought with them cooking traditions of their homelands, many of which are still with us today. |
|  | <u>  T  </u> | 20. | Soul food is a combination of foods prepared by slaves and influenced by foods prepared by whites.  |