Quick Oatmeal

You Need:

- 1/3 cup oatmeal
- pinch salt
- 2/3 cup water
- sugar
- milk
- saucepan with lid
- 1/3 cup dry measuring cup
- bowl
- spoon
- liquid measuring cup
- stove

1. Measure and put in pan 2/3 cup water and a pinch of salt.

2. Put pan on stove. Turn stove to MEDIUM. Bring water to a boil.
3. Gradually add 1/3 cup quick oatmeal to pan.

Cook and stir 1 minute.

4. Turn stove OFF. Put lid on pan.

5. Let stand 3 minutes and then pour into bowl.

6. Add milk and sugar to cereal. Serve.
QUICK OATMEAL

You Need:

1/3 cup oatmeal
pinch salt
2/3 cup water
sugar
milk
saucepan with lid

1/3 cup dry measuring cup
bowl
spoon
liquid measuring cup
stove

1. Measure and put in pan 2/3 cup water and a pinch of salt.
2. Put pan on stove. Turn stove to MEDIUM. Bring water to a boil.
3. Gradually add 1/3 cup quick oatmeal to pan. Cook and stir 1 minute.
4. Turn stove OFF. Put lid on pan.
5. Let stand 3 minutes and then pour into bowl.
6. Add milk and sugar to cereal. Serve.
Instant Quaker Oatmeal
On The Stove

You Need:

- 1 pkg. oatmeal
- 1/2 cup water
- sugar
- milk
- bowl
- saucepan with lid
- spoon
- liquid measuring cup
- stove

1.

Empty packet of oatmeal into a bowl.

2.

Measure and put in pan 1/2 cup water to pan.

Put pan on stove. Turn stove to HIGH. Bring to a boil. Turn stove OFF.
3. Pour the HOT boiling water into bowl.

4. Stir and serve with milk and sugar.
INSTANT QUAKER OATMEAL
ON TOP OF THE STOVE

You Need:

1 pkg. oatmeal
milk
sugar
1/2 cup water
saucepan
bowl
spoon
liquid measuring cup
stove

1. Empty packet of oatmeal into a bowl.
2. Measure and add 1/2 cup water to pan. Put pan on stove. Turn stove to high heat. Bring to a boil. Turn stove OFF.
3. Pour the HOT boiling water into the bowl.
4. Stir and serve with sugar and milk.
Instant Quaker Oatmeal
In The Microwave

You Need:

1 pkg. oatmeal

2/3 cup water or milk
milk
sugar
bowl

sausagepan with lid
spoon
liquid measuring cup
microwave oven

1. Empty packet of oatmeal into a microwavable bowl.

2. Measure and put in pan 2/3 cup water or milk to pan.
3. Microwave on HIGH about 1 minute and 30 seconds.

4. Stir and serve with milk and sugar.
INMANT QUAKER OATMEAL
IN THE MICROWAVE OVEN

You Need:

1 pkg. oatmeal
sugar
2/3 cup water or milk
milk
bowl
spoon
liquid measuring cup
microwave oven

1. Empty packet of oatmeal into a microwavable bowl.
2. Add 2/3 cup water or milk to bowl.
3. Microwave on HIGH about 1 minute and 30 seconds.
4. Stir and serve with sugar and milk.