French Toast

You Need:

1 egg
2 Tb. milk
2 slices bread
Pam spray
pinch salt
syrup
Tablespoon
pie plate
spatula
fork
electric frypan
OR
frypan and stove

1.

Crack 1 egg, add 2 Tb. milk and a pinch of salt to a pie plate. Using a fork, mix together well.

OR

Plug in electric frypan. Turn electric probe to 300°.

3. Dip bread down into mixture quickly on both sides and put into frying pan to cook.

4. Cook 2 - 3 minutes or until brown on bottom side. Turn over to cook on the other side 2 - 3 minutes or until brown.
5. When cooked, remove from frypan and put on plate. Turn OFF stove or unplug and turn OFF electric frypan.

FRENCH TOAST

You Need:

1 egg
2 Tb. milk
pinch of salt
2 slices bread
Pam spray

Tablespoon
pie plate
fork
spatula
electric frypan
OR
frypan and stove

1. Crack 1 egg, 2 Tb. milk, and a pinch of salt into a pie plate. Using a fork mix together well.

2. Spray frypan with Pam spray. Put frypan on stove. Turn stove to MEDIUM heat. OR Plug in electric frypan. Turn probe to 300°.

3. Dip bread down into mixture quickly on both sides and put into frypan to cook.

4. Cook 2 - 3 minutes or until brown on bottom side. Turn over to cook on the other side 2 - 3 minutes or until brown.

5. When cooked, remove from frypan and put on plate. Turn OFF stove or unplug and turn OFF electric frypan.