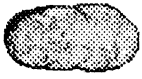
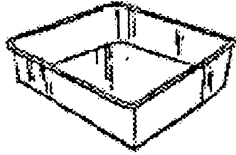


# Potato Bar # 1

## You Need:



1 potato



glass baking dish



1 - 2 Tb.  
butter



fork



knife



plate



1 Tb.  
bacon bits



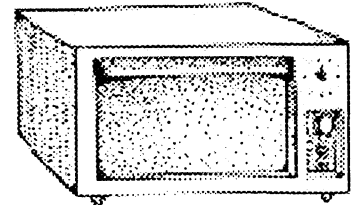
2 - 3 Tb.  
sour cream



salt & pepper

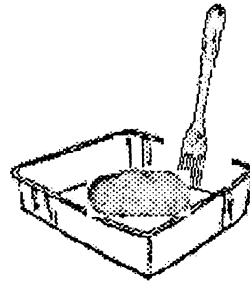
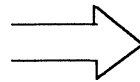
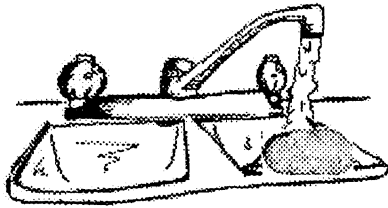


Tablespoon



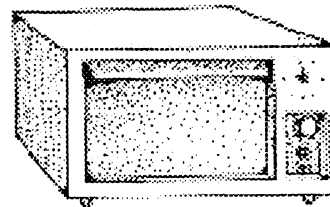
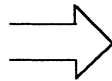
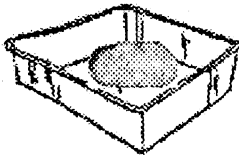
microwave

1.

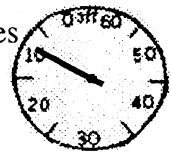


Wash potato, prick with fork, place in baking dish.

2.

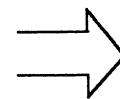
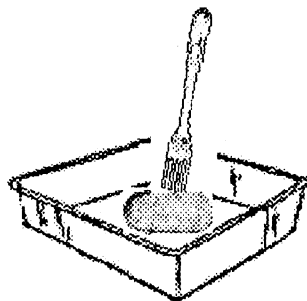
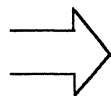
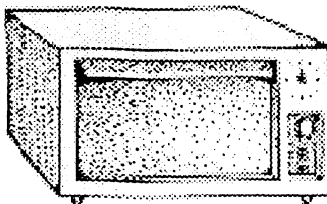


6 - 8  
minutes

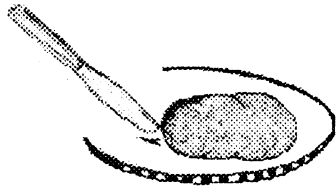


Place in microwave. Cook on HIGH for 6 - 8 minutes.

3.



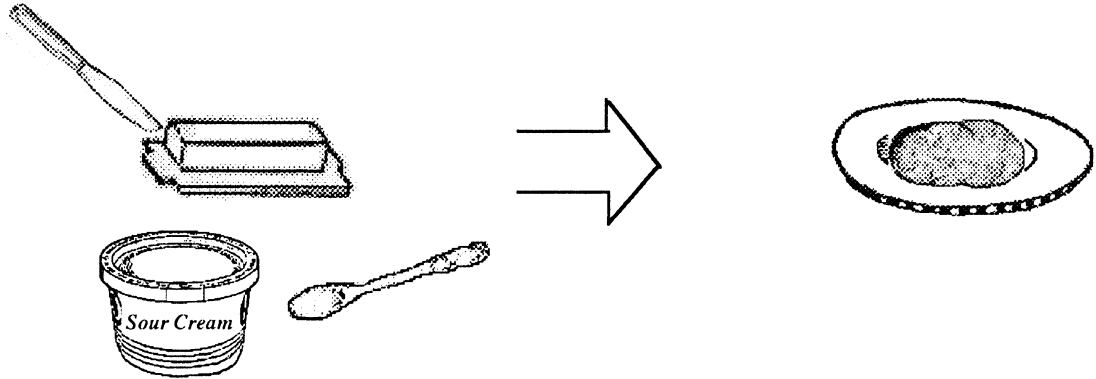
Check for doneness by poking with fork. Place on plate.



Cut potato open.

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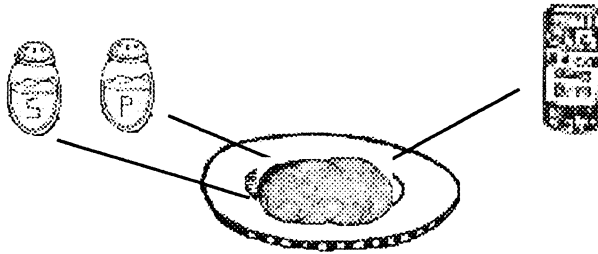
4.



Add 1 - 2 Tb. butter and 2 - 3 Tb. sour cream to potato.

---

5.



Sprinkle salt, pepper and 1 Tb. bacon bits on top.

## POTATO BAR #1

### You Need:

1 potato  
1 - 2 Tb. butter  
2 - 3 Tb. sour cream  
salt  
pepper  
1 Tb. bacon bits  
glass baking dish  
fork  
spoon  
knife  
plate  
microwave oven  
Tablespoon

1. Wash potato, prick with fork, place in baking dish.
2. Place dish in microwave. Cook on HIGH for 6 - 8 minutes.
3. Check for doneness by poking with fork. Place on plate.
4. Cut potato open.
5. Add 1 - 2 Tb. butter and 2 - 3 Tb. sour cream to potato.
6. Sprinkle salt, pepper and 1 Tb. bacon bits on top.

# Potato Bar # 2

## You Need:



1 potato



1/2 cup chili



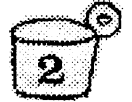
1/4 cup cheese



grater



1/4 cup dry measuring cup



1/2 cup dry measuring cup



fork



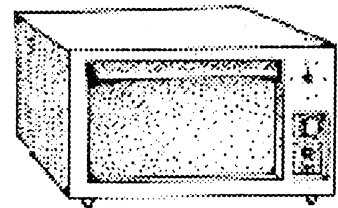
knife



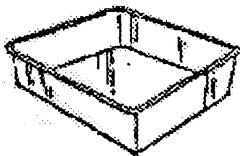
spoon



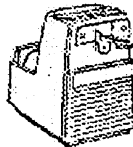
saucepan



microwave



glass baking dish

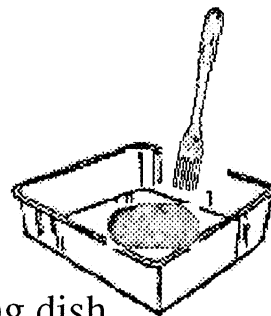
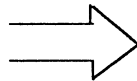
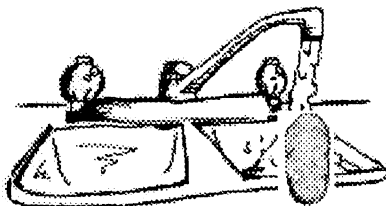


hand or electric can opener



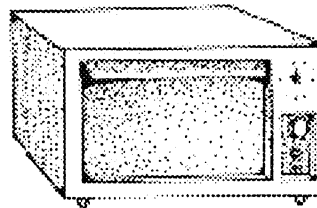
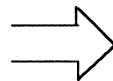
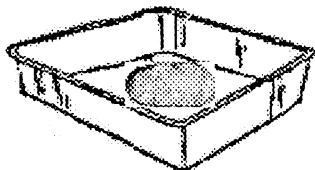
plate

1.

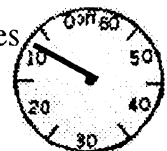


Wash potato, prick with fork, place in baking dish.

2.

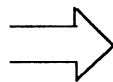


6 - 8 minutes



Place in microwave. Cook on HIGH for 6 - 8 minutes.

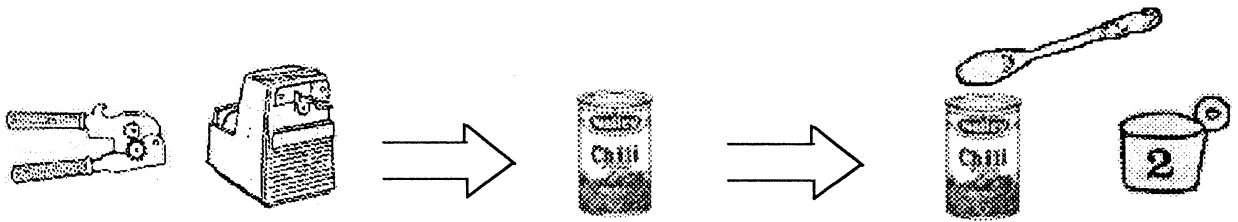
3.



383

Grate cheese, measure into 1/4 measuring cup.

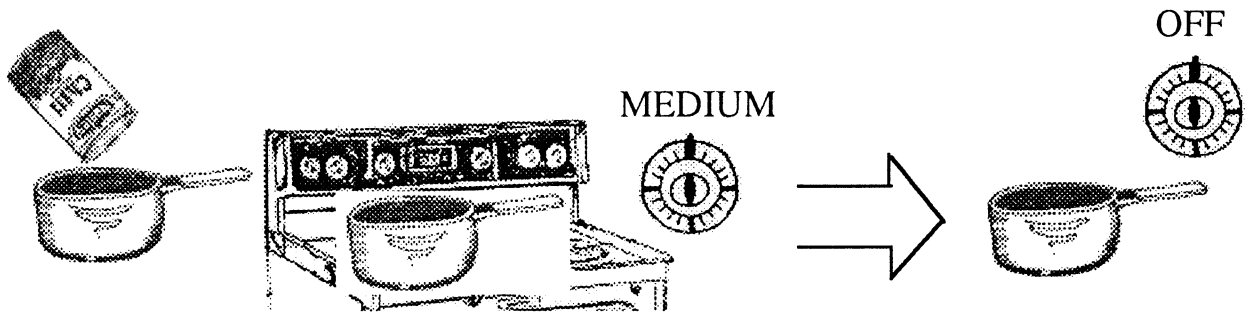
4.



Using hand or electric can opener, open chili.  
Spoon chili into 1/2 measuring cup.

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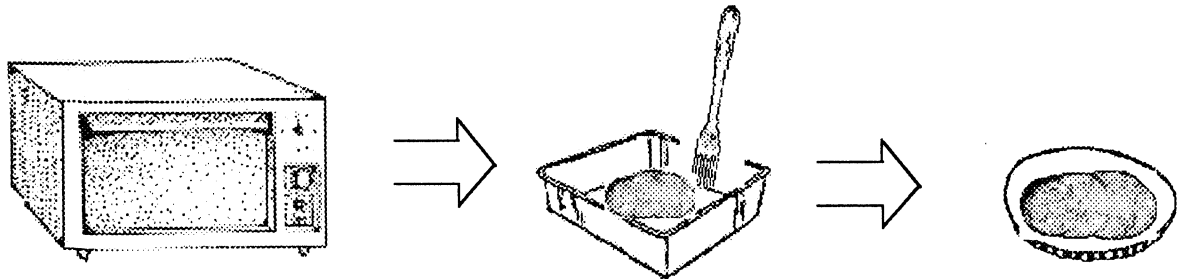
5.



Pour chili into saucepan. Place saucepan on stove.  
Heat on MEDIUM until chili bubbles. Turn stove OFF.

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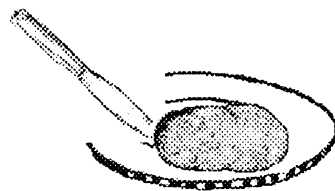
6.



Remove potato from microwave. Check for doneness. Place on plate.

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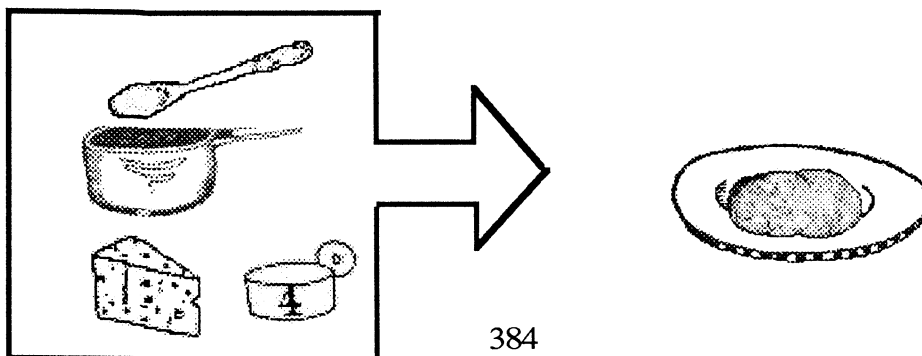
7.



Cut potato open lengthwise.

---

8.



Spoon chili on top of potato. Pour grated cheese on top of chili.

## POTATO BAR #2

### You Need:

1 potato  
1/2 cup chili  
1/4 cup cheese  
grater  
1/4 cup dry measuring cup  
1/2 cup dry measuring cup  
hand or electric can opener  
glass baking dish  
fork  
spoon  
knife  
plate  
microwave oven  
saucepan

1. Wash potato, prick with fork, place in baking dish.
2. Place baking dish in microwave. Heat on HIGH for 6 - 8 minutes.
3. Grate cheese, measure into 1/4 measuring cup.
4. Using hand or electric can opener, open chili. Spoon chili into 1/2 measuring cup.
5. Pour chili into saucepan. Place saucepan on stove. Heat on medium until chili bubbles. Turn stove OFF.
6. Remove potato from microwave. Check for doneness. Place on plate.
7. Cut potato open lengthwise.
8. Spoon chili on top of potato. Pour grated cheese on top of chili.