**Banana Cooler**

Makes 2 Servings

**You Need:**
- 2 oranges (1/4 cup juice)
- 1 ripe banana
- 1 tsp. almond extract
- 1 Tbsp. honey
- 1 cup milk
- Liquid measuring cup
- 2 glasses
- Tablespoon
- 1/4 teaspoon
- 6 ice cubes
- Sharp knife
- Juicer
- Blender
- Cutting board
- Freezer

1. Put 2 glasses in freezer to chill.

2. Cut 2 oranges in half. Juice them. Measure 1/4 cup juice. Pour into blender jar.
3. Peel 1 banana. Add to blender.


5. Measure 1 cup milk, 1/4 tsp. almond extract, 1 Tb. honey and 6 ice cubes. Pour into blender jar.

Put lid on blender. Push button to BLEND. Blend until smooth.
6.

Remove glasses from freezer. Pour drink into chilled glasses and serve.
BANANA COOLER

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1 Tb. honey         liquid measuring cup
1 ripe banana        1/4 teaspoon
1 cup milk           Tablespoon
1/4 tsp. almond extract  sharp knife
5 - 6 ice cubes    cutting board
freezer                   blender
2 glasses

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