I. Matching - match word with picture of item.

1. rolling pin  
2. small bowl  
3. pitcher  
4. rubber spatula  
5. frying pan  
6. peeler  
7. hand mixer  
8. knife  
9. silverware  
10. can opener

II. How much is it?
   a. $\frac{1}{4}$ c. + $\frac{1}{2}$ c. = ________ cup
   b. $\frac{1}{3}$ c. + $\frac{1}{3}$ c. = ________ cup
   c. $\frac{1}{2}$ c. + $\frac{1}{2}$ c. = ________ cup
   d. $\frac{1}{8}$ c. + $\frac{1}{8}$ c. = ________ cup
   e. $\frac{1}{4}$ c. + $\frac{3}{4}$ c. = ________ cup

225
III. Match - draw lines from the abbreviations to the middle words.

Tb. ———— Tablespoon
tsp. c.
t.
T.
tbs. teaspoon
				tbspn.
teasp. cup
C.

IV. Identify on liquid measuring cup A-G and list the amounts you can measure on those lines.

A ______ cup B ______ cup
C ______ cup D ______ cup
E ______ cup F ______ cup
G ______ cup

What is one thing you would measure in this cup? ______________________
V. Match the cooking term with its action picture.

1. beat
2. peel
3. grease & flour
4. drain
5. pour
6. bring to a boil
7. chop
8. set timer
9. put in oven
10. can opener
11. wash
12. turn burner up
13. preheat oven
14. turn over

A.  
B.  
C.  
D.  
E.  
F.  
G.  
H.  
I.  
J.  
K.  
L.  
M.  
N.  

227
VI. Identify and tell the amounts for the dry measuring cups.

A _______ cup  B _______ cup
C _______ cup  D _______ cup

What is one food item you would measure in these dry cups?

VII. Identify and tell the amounts for the set of measuring spoons.

A _______  B _______  C _______  D _______

What is one thing you would measure using these spoons? _______________________

VIII. Match foods with four Food Groups - (More than one answer per Blank).

_______ 1. Bread & Cereal  A. eggs  F. tator tots
_______ 2. Fruit & Vegetable  B. corn  G. milk
_______ 3. Meat  C. apple  H. orange
_______ 4. Milk & Dairy  E. oatmeal  J. ice cream
IX. Match

______ 1. 1/2 cup  
______ 2. 2 Tb.  
______ 3. 2/3 cup  
______ 4. 1/2 tsp. + 1/2 tsp.  
______ 5. 1/4 tsp. + 1/2 tsp.  
______ 6. 1/2 c. + 1/2 c.  
______ 7. 3/4 cup  

   a.  1 cup  
   b.  3/4 tsp.  
   c.  1/4 c. + 1/4 c.  
   d.  1/8 cup  
   e.  1/4 c. + 1/2 c.  
   f.  1 tsp.  
   g.  1/3 cup + 1/3 cup

X. True or False - Equivalents

1. ______________

   3 teaspoons = 1 Tablespoon

2. ______________

   8 Tablespoons = 1/2 cup

3. ______________

   16 Tablespoons = 1 cup
4. ________

8 Tablespoons = 1/2 cup

5. ________

16 Tablespoons = 3/4 cup

6. ________

1/8 teaspoon = pinch

7. ________

2 Tablespoons = 1/8 cup

8. ________

4 Tablespoons = 1/4 cup

9. ________

5 - 1/3 Tablespoons = 1/4 cup
XI. Write the steps for the following:

White sugar -

a) 

b) 

c) 

Brown sugar -

a) 

b) 

c) 

Flour -

a) 

b) 

c) 

d)
FINAL TEST

I. Matching - match word with picture of item.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>B</td>
<td>1.</td>
<td>rolling pin</td>
</tr>
<tr>
<td>H</td>
<td>2.</td>
<td>small bowl</td>
</tr>
<tr>
<td>I</td>
<td>3.</td>
<td>pitcher</td>
</tr>
<tr>
<td>E</td>
<td>4.</td>
<td>rubber spatula</td>
</tr>
<tr>
<td>C</td>
<td>5.</td>
<td>frying pan</td>
</tr>
<tr>
<td>D</td>
<td>6.</td>
<td>peeler</td>
</tr>
<tr>
<td>L</td>
<td>7.</td>
<td>handmixer</td>
</tr>
<tr>
<td>K</td>
<td>8.</td>
<td>knife</td>
</tr>
<tr>
<td>F</td>
<td>9.</td>
<td>silverware</td>
</tr>
<tr>
<td>G</td>
<td>10.</td>
<td>can opener</td>
</tr>
</tbody>
</table>

II. How much is it?

a. 1/4 c. + 1/2 c. = _____ cup
b. 1/3 c. + 1/3 c. = _____ cup
c. 1/2 c. + 1/2 c. = _____ cup
d. 1/8 c. + 1/8 c. = _____ cup
e. 1/4 c. + 3/4 c. = _____ cup

232
III. Match - draw lines from the abbreviations to the middle words.

Tb.  
Tablespoon  
t.  
T.  
Tbspn.  
Teaspoon  
tsp.  
c.  
tbs.  
cup  
teasp.

IV. Identify on liquid measuring cup A-G and list the amounts you can measure on those lines.

A 1 cup  
B 3/4 cup  
C 2/3 cup  
D 1/2 cup  
E 1/3 cup  
F 1/4 cup  
G 1/8 cup

What is one thing you would measure in this cup? _______ liquid_________
V. Match the cooking term with its action picture.

E 1. beat
G 2. peel
C 3. grease & flour
B 4. drain
M 5. pour
N 6. bring to a boil
D 7. chop
L 8. open can
F 9. set timer
K 10. put in oven
A 11. wash
H 12. turn burner up
J 13. preheat oven
I 14. turn over
VI. Identify and tell the amounts for the dry measuring cups.

A 1/2 cup  B 1/4 cup
C 1 cup  D 1/3 cup

What is one food item you would measure in these dry cups? salt, cinnamon, soda

VII. Identify and tell the amounts for the set of measuring spoons.


What is one thing you would measure using these spoons? salt, cinnamon, soda

VIII. Match foods with four Food Groups - (More than one answer per Blank).

e 1. Bread & Cereal
b,c,d,f,h 2. Fruit & Vegetable
a 3. Meat
g,j 4. Milk & Dairy

A. eggs  B. corn  C. apple  D. tator tots
E. oatmeal  F. milk  G. milk  H. orange
I. ice cream  J. ice cream
IX. Match

<p>| | | | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>C</td>
<td>1.</td>
<td>1/2 cup</td>
<td>a.</td>
<td>1 cup</td>
<td></td>
<td></td>
</tr>
<tr>
<td>D</td>
<td>2.</td>
<td>2 Tb.</td>
<td>b.</td>
<td>3/4 tsp.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>G</td>
<td>3.</td>
<td>2/3 cup</td>
<td>c.</td>
<td>1/4 c. + 1/4 c.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>F</td>
<td>4.</td>
<td>1/2 tsp. + 1/2 tsp.</td>
<td>d.</td>
<td>1/8 cup</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>5.</td>
<td>1/4 tsp. + 1/2 tsp.</td>
<td>e.</td>
<td>1/4 c. + 1/2 c.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A</td>
<td>6.</td>
<td>1/2 c. + 1/2 c.</td>
<td>f.</td>
<td>1 tsp.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>E</td>
<td>7.</td>
<td>3/4 cup</td>
<td>g.</td>
<td>1/3 cup + 1/3 cup</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

X. True or False - Equivalents

1. TRUE

\[ \text{3 teaspoons} = \text{1 Tablespoon} \]

2. TRUE

\[ \text{8 Tablespoons} = \text{1/2 cup} \]

3. TRUE

\[ \text{16 Tablespoons} = \text{1 cup} \]
4. TRUE

5. FALSE

6. TRUE

7. TRUE

8. TRUE

9. FALSE
XI. Write the steps for the following:

White sugar -

a) Set up the measuring cup.

b) Fill the measuring cup.

c) Level off the ingredient.

Brown sugar -

a) Fill the measuring cup.

b) Pack the brown sugar.

c) Level off the brown sugar.

Flour -

a) Fill the sifter.

b) Fill the measuring cup.

c) Fill the measuring cup.

d) Level off the flour.