

TEAM FOODS -- HOME COOKING ASSIGNMENT

Dear Parents,

In order to give each student more practice in the food preparations tasks which are taught in this class, and in order to help acquaint them with their own kitchens, your student will be required to complete several home assignments. By letting us know how your student is doing at home, we are better able to adjust our program to meet his/her needs. Each assignment will be due in one week.

Thank you for your assistance.

STUDENT: _____

ASSIGNMENT: _____

DUE: _____

	needed no help or reminders	Family member helped a little	Family member did it
Checks to make sure all equipment is at hand before continuing.			
Locates necessary ingredients and equipment			
Measures accurately			
Uses appliances and utensils correctly			

COMMENTS:

Signed: _____

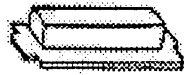
Date: _____

Cheese Melt Sandwich

You Need:



2 slices
of bread



1 Tb. butter



1 slice cheese



Tablespoon



frypan



butter knife

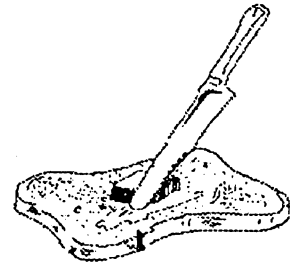
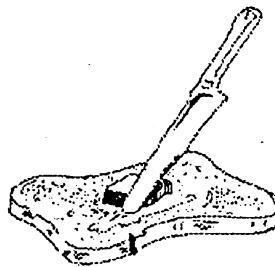
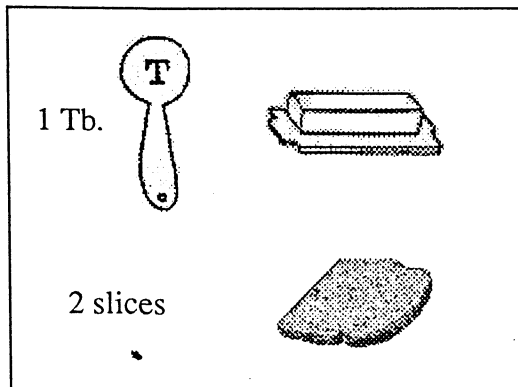


metal spatula



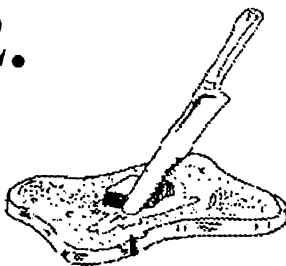
spatula

1.

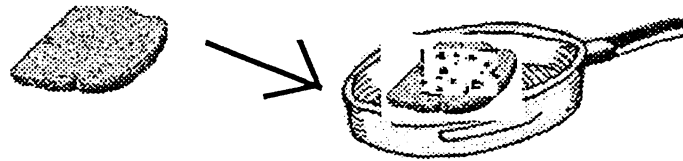


Measure 1 Tb. butter and get 2 slices of bread. Butter one side ONLY of each slice of bread.

2.

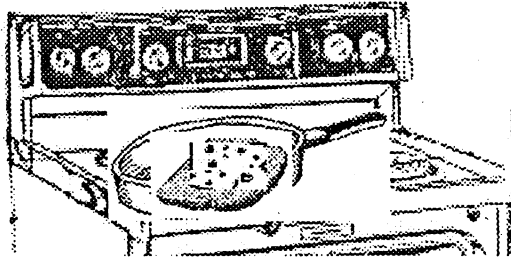


Put butter side of bread down into frypan. Put cheese on top of bread. Place in frypan.²¹⁶

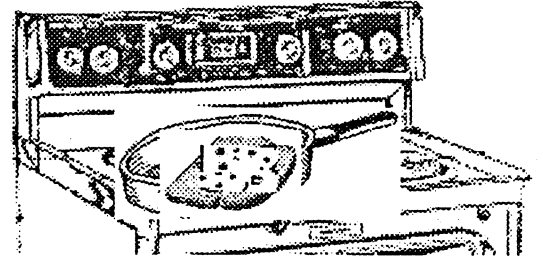


Put other side of bread on top of cheese. Butter side up.

3.

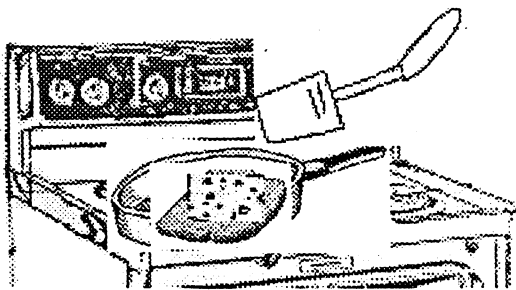


MED



BROWN

Turn burner on MEDIUM heat. Place pan on burner.
Cook until brown on bottom side of bread.



BROWN

OFF



Turn sandwich over. Cook until other side is golden brown. Turn
stove OFF. Remove from heat.

CHEESE MELT SANDWICH

You Need:

2 slices bread
1 slice cheese
1 Tb. butter

frypan
Tablespoon
butter knife
spatula

1. Measure 1 Tb. butter and get 2 slices bread. Butter one side **ONLY** of each slice of bread.
2. Put butter side of bread down into frypan. Put cheese on top of bread. Place in frypan. Put other slice of bread on top of cheese, butter side up.
3. Turn burner on **MEDIUM** heat. Place pan on burner. Cook until brown on bottom side of bread. Turn sandwich over. Cook until other side is golden brown.