

TEAM FOODS -- HOME COOKING ASSIGNMENT

Dear Parents,

In order to give each student more practice in the food preparations tasks which are taught in this class, and in order to help acquaint them with their own kitchens, your student will be required to complete several home assignments. By letting us know how your student is doing at home, we are better able to adjust our program to meet his/her needs. Each assignment will be due in one week.

Thank you for your assistance.

STUDENT: _____

ASSIGNMENT: _____

DUE: _____

	needed no help or reminders	Family member helped a little	Family member did it
Checks to make sure all equipment is at hand before continuing.			
Locates necessary ingredients and equipment			
Measures accurately			
Uses appliances and utensils correctly			

COMMENTS:

Signed: _____

Date: _____

Name _____

Date _____

MEASURING LIQUIDS

Please help your student to match the abbreviations with the correct measurement.

Match:

C.
Tbsp.
tsp.

Tablespoon
teaspoon
cup

c.
t.
T.

Help your student to use the proper equipment and to measure the amounts below.

Measure:

- | | | | | |
|-----|---------|-------|-------|-------|
| 1. | 1 T. | _____ | _____ | _____ |
| 2. | 1/2 t. | _____ | _____ | _____ |
| 3. | 1 tsp. | _____ | _____ | _____ |
| 4. | 1/4 t. | _____ | _____ | _____ |
| 5. | 1 Tbsp. | _____ | _____ | _____ |
| 6. | 1 c. | _____ | _____ | _____ |
| 7. | 1/4 C. | _____ | _____ | _____ |
| 8. | 1/3 C. | _____ | _____ | _____ |
| 9. | 1/2 C. | _____ | _____ | _____ |
| 10. | 3/4 C. | _____ | _____ | _____ |
| | Date: | _____ | _____ | _____ |

How Much Is It?

Help your student to measure the amounts into a 1 cup liquid measuring cup to find the final measurement.

- | | | | |
|----|----------|----------|-------|
| 1. | 1/4 c. + | 1/4 c. = | _____ |
| 2. | 1/3 c. + | 1/3 c. = | _____ |
| 3. | 1/2 c. + | 1/2 c. = | _____ |
| 4. | 1/2 c. + | 1/4 c. = | _____ |
| 5. | 16 T. | = | _____ |