

## TEAM FOODS -- HOME COOKING ASSIGNMENT

Dear Parents,

In order to give each student more practice in the food preparations tasks which are taught in this class, and in order to help acquaint them with their own kitchens, your student will be required to complete several home assignments. By letting us know how your student is doing at home, we are better able to adjust our program to meet his/her needs. Each assignment will be due in one week.

Thank you for your assistance.

STUDENT: \_\_\_\_\_

ASSIGNMENT: \_\_\_\_\_

DUE: \_\_\_\_\_

	needed no help or reminders	Family member helped a little	Family member did it
Checks to make sure all equipment is at hand before continuing.			
Locates necessary ingredients and equipment			
Measures accurately			
Uses appliances and utensils correctly			

COMMENTS:

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

# Orange Julius

## You Need:



6 oz. frozen orange juice



1 tsp. vanilla



2/3 cup sweetened condensed milk



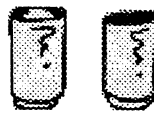
10 - 12 ice cubes



1 cup liquid measuring cup



2 cup liquid measuring cup



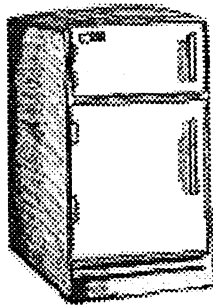
glasses



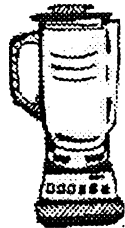
1 teaspoon



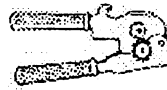
small bowl



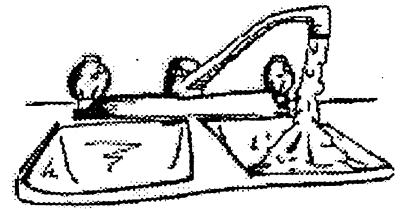
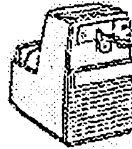
freezer



blender

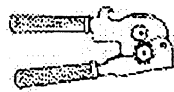


hand or electric can opener

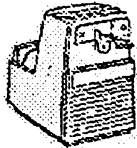


1 1/2 cups COLD water

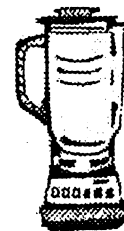
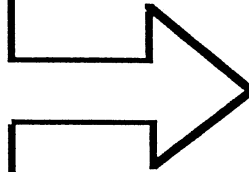
1.



6 oz.



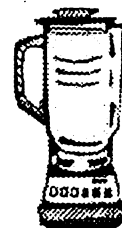
hand or electric can opener



Open can of orange juice using hand or electric can opener. Pour into blender jar.

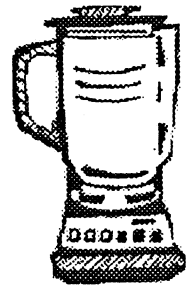
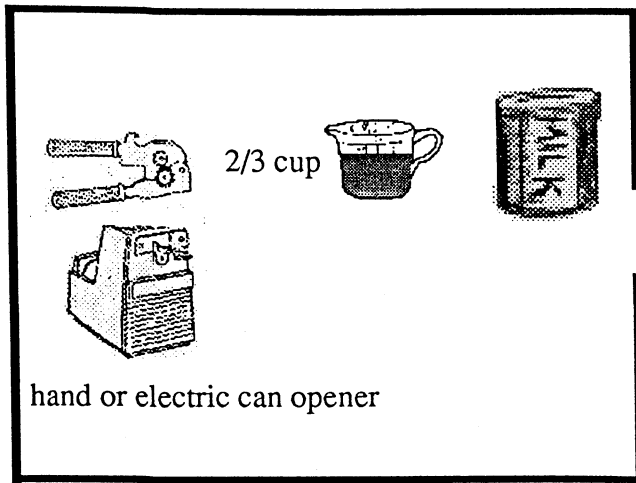
2.

1 1/2 cups



Measure 1 1/2 cups cold water. Pour into blender jar.

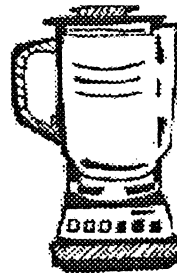
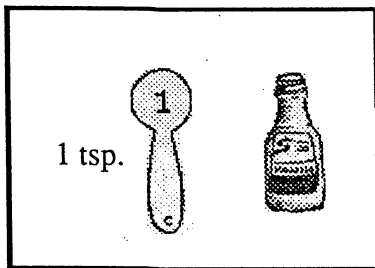
3.



Open can of sweetened condensed milk with hand or electric can opener. Measure 2/3 cup. Pour into blender jar.

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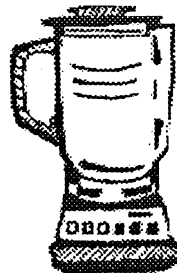
4.



Measure 1 tsp. vanilla. Add to blender jar.

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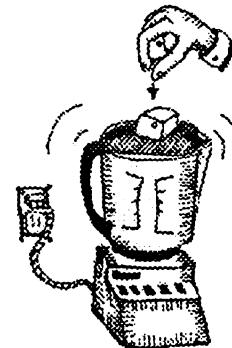
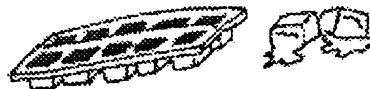
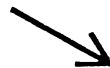
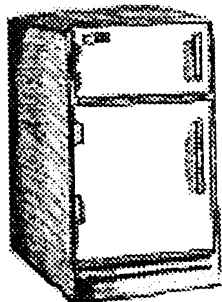
5.



Plug blender into wall. Put lid on blender and blend on BLEND to mix all ingredients.

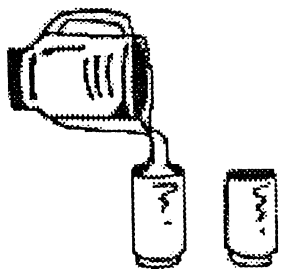
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6.



Remove ice from freezer and put in bowl. One by one, add 10 - 12 ice cubes. Blend on BLEND until smooth. Turn OFF. Unplug from wall.

7.



Pour mixture into glasses.

## ORANGE JULIUS

### You Need:

6 oz. frozen orange juice  
2/3 cup sweetened condensed milk  
1 1/2 cups COLD water  
1 tsp. vanilla  
10 - 12 ice cubes  
1 cup liquid measuring cup  
2 cup liquid measuring cup

1 teaspoon  
hand or electric can opener  
blender  
freezer  
2 glasses  
bowl

1. Open can of orange juice using hand or electric can opener. Pour into blender jar.
2. Measure 1 1/2 cups COLD water. Pour into blender jar.
3. Open can of sweetened condensed milk with hand or electric can opener. Measure 2/3 cup. Pour into blender jar.
4. Measure 1 tsp. vanilla. Add to blender jar.
5. Plug blender into wall. Put lid on blender and blend on BLEND to mix all ingredients.
6. Remove ice from freezer and put in bowl. One by one, add 10 - 12 ice cubes. Blend on BLEND until smooth. Turn OFF. Unplug from wall.
7. Pour mixture into glasses.