Measuring Liquids

Follow these steps when you measure liquids. You'll get the right amounts. And you won't spill anything.

1. Set up the liquid measuring cup.

Put the measuring cup on a flat, even surface. What would you put it on in your kitchen?

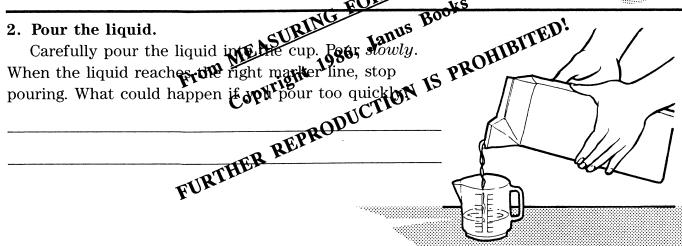


rour the liquid.

Carefully pour the liquid in the cup. Pour slowly.

nen the liquid reaches the right marker line, ston

uring. What could happen if the pour slowly.



3. Check your measurement.

Bend down so that your eyes are level with the marker line. Look at the top of the liquid. What tells you that you have the right amount?



Measuring for Cooking, © 1986, Janus Books, Hayward, CA Permission granted to reproduce for classroom use