Recipes Make Cooking Easier

Suppose that you made oatmeal cookies and that a friend is eating one. "Mmm, these cookies are delicious," he says. "How did you make them?"

So you tell him these things: what foods you put together, how much of each food you used, how you put the foods together, how hot you set the oven, and how long you baked the cookies.

All those things make up the recipe for oatmeal cookies. Now your friend can follow that recipe to make oatmeal cookies too.

Recipes help us make special dishes and drinks. That's because a recipe is a guide. It tells you exactly how to make something.

You may have used a recipe to make a special dish such as cookies or fried chicken. Get that recipe again. Or find one that you'd like to make. Then answer these questions about that recipe.

1. What is the name of the recipe?

2. What foods does the recipe tell you to put together?

3. Is the recipe easy or hard to follow? Why?

4. What cooking tools do you need to make the dish?

5. Do you think the dish tastes good? Why?
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   (answers depend on recipe used)

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