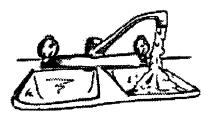
MICROWAVE COOKING CONCEPT #1:

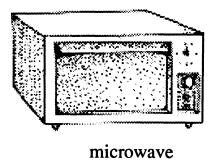
Use potholders to avoid burns. Dishes in a microwave oven do get warm.

You Need:

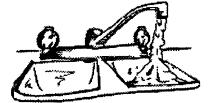


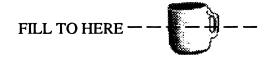
water





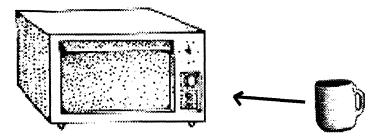
1.





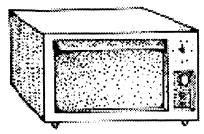
Fill mug half full of water at room temperature.

2.



Place mug of water in microwave oven.

3.





2 minutes **2:00**



MICROWAVE COOKING CONCEPT #1

You Need:

beverage cup with handle water microwave

- 1. Fill mug half full of water at room temperature.
- 2. Place mug of water in microwave oven.
- 3. Microwave at HIGH POWER for 2 minutes. Remove from oven.

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| | | | | | | | |

| What is the temperature of the mug holding the water? | | |
|---|----------------------|--|
| Vhat is the temperature | of the mug's handle? | |
| low do you explain you | ar observation? | |

MICROWAVE COOKING CONCEPTS # 1 (KEY)

Observations:

- 1. What happened to the temperature of the water? When heated in the microwave the water gets very hot.
- 2. What is the temperature of the mug holding the water? The mug holding the water gets warm.
- 3. What is the temperature of the mug's handle? The handle of the mug stayed cooler than the mug.
- 4. How do you explain your observation? The water was heated by microwave energy.

 The heat of the water made the mug that was next to it warm. The handle was farther away from the water, so it did not get heated very much.