

CURRICULUM GUIDE SCOPE AND SEQUENCE

The following scope and sequence has been prepared for you in two different formats: as a calendar and an outline. Each program should be organized by the individual to meet predetermined goals and objectives. The program at Viewmont High follows an eight-hour block schedule which meets every other day for 90 minutes. This time frame is ideal for the program. It provides adequate time for the student to prepare and clean up before class is over.

Please note that the first and third terms are repeated during the year because there are both students who are new to the program and those who have been in the program for several semesters. It is exciting to see that student repeaters progress through the program at a faster rate and comprehend information more easily.

The second and fourth terms concentrate on individualized cooking. Recommended recipes from the Basic Four Food Groups have been suggested for hands-on learning experiences as well as a unit on microwave cooking. If a student remains in the program several semesters, he/she should be able to complete all areas of the program developed at this time.

The structure of the program at Viewmont High School has followed this scope and sequence and has been successful. Therefore, it is included and may be adapted to fit the structure of any program. It has also been found that the students' skills and knowledge improve and that more is gained from the individual cooking experiences. It is strongly recommended that the teacher provides as many hands-on cooking labs as possible.