

Individualized Pizza

You Need:



1 whole English Muffin



3 Tb. spaghetti sauce



1/4 cup cheese



Pam spray

Choose 2 or 3 optional foods



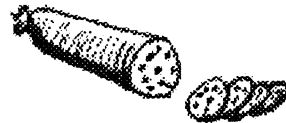
2 mushrooms



3 black olives



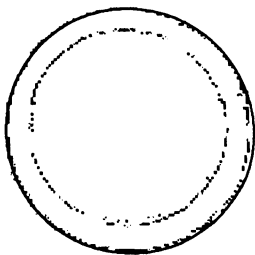
1 slice
pineapple



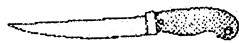
6 slices
pepperoni



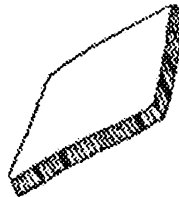
1/8 green
pepper



pizza pan



sharp knife



cutting board



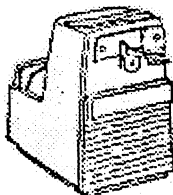
cheese grater



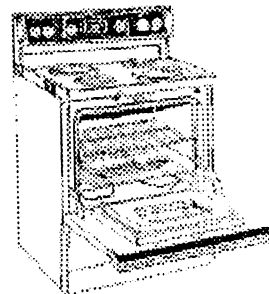
1/4 cup dry
measuring cup



Tablespoon



electric or hand can opener



stove



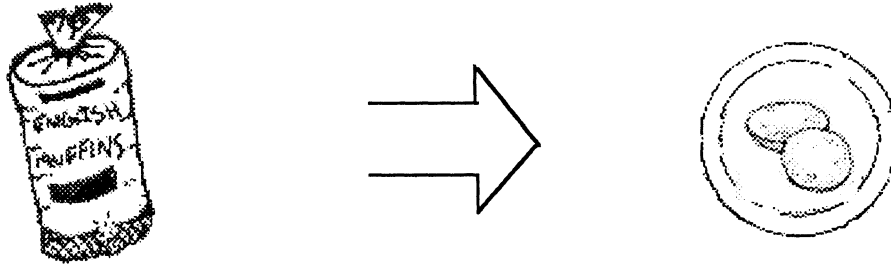
plate

1.



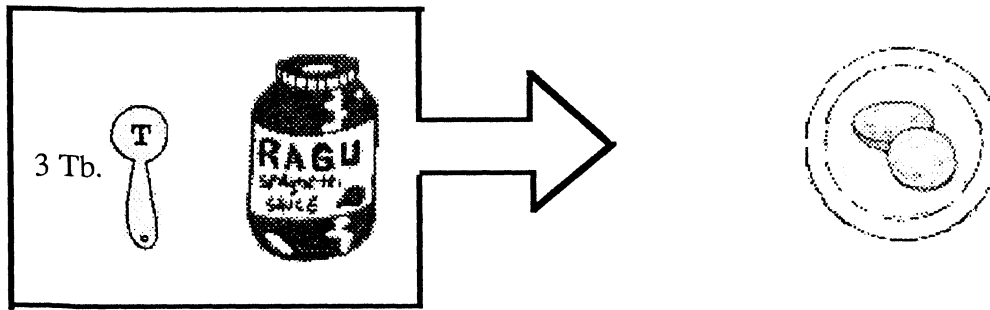
Spray Pam on pizza pan.

2.



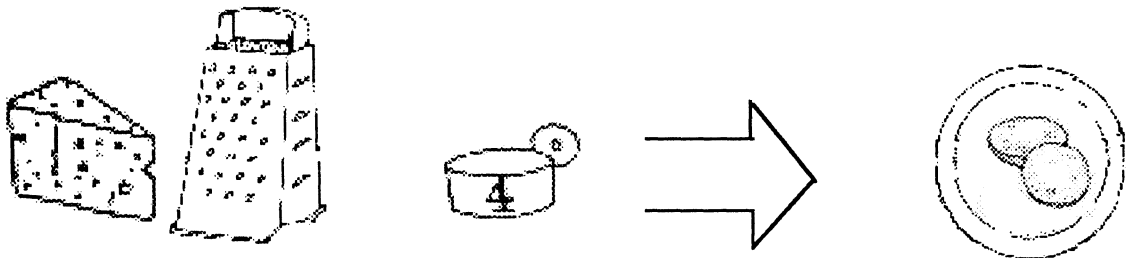
Put 2 English Muffin halves on pizza pan.

3.



Measure and spread 3 Tb. of spaghetti sauce on top of the English Muffins.

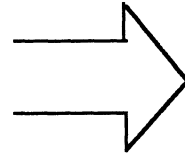
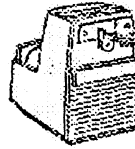
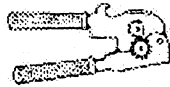
4.



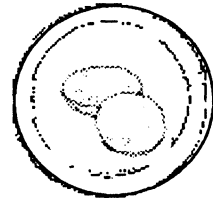
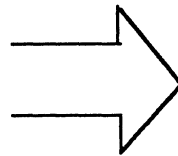
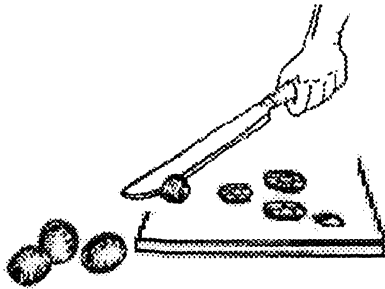
Grate and measure 1/4 cup cheese. Put cheese on top of the spaghetti sauce.

CHOOSE 2 OR 3 OPTIONAL FOODS FROM STEPS 5 TO 9.

5.

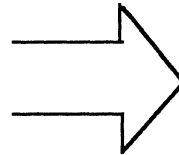
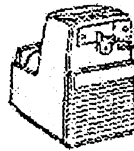
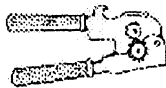


Open can of olives with hand or electric can opener. Remove 3 olives from can.

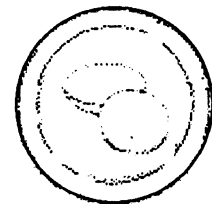
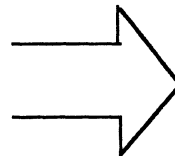
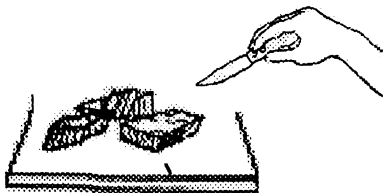


Slice or chop olives into pieces. Put on top of English Muffin.

6.

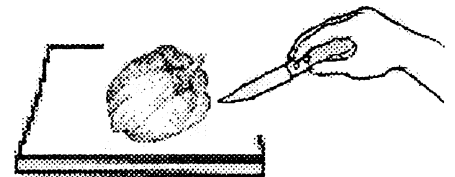
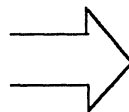
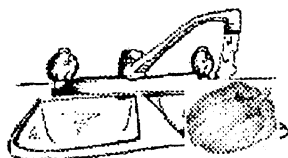


Open can of pineapple with hand or electric can opener. Remove one slice from can.

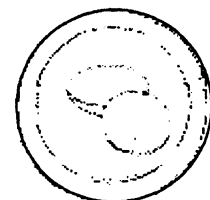
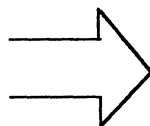
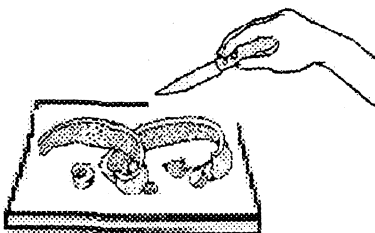


Cut pineapple into small pieces. Put on top of English Muffin.

7.

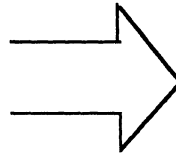
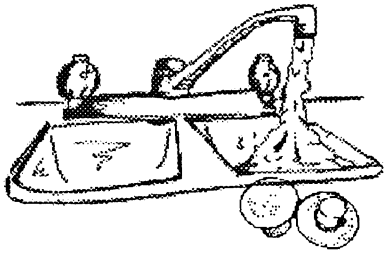


Wash 1/8 of a green pepper. Remove seeds.

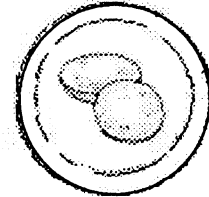
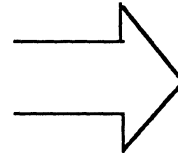
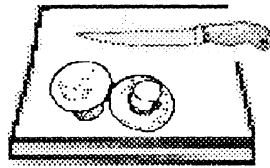
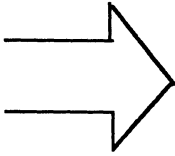


Cut into small pieces. Put on top of English Muffin.

8.

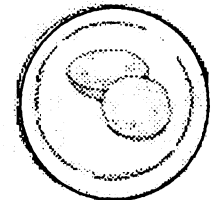
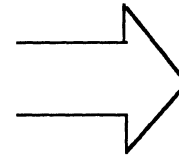
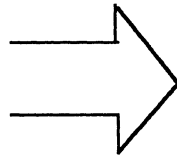
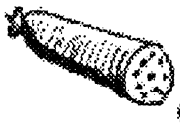


Wash 2 mushrooms. Cut the bottoms off from the stem.



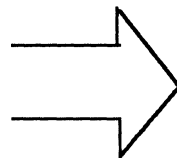
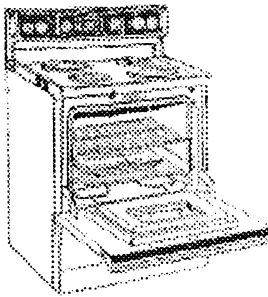
Slice or cut into small pieces. Put on top of English Muffin.

9.

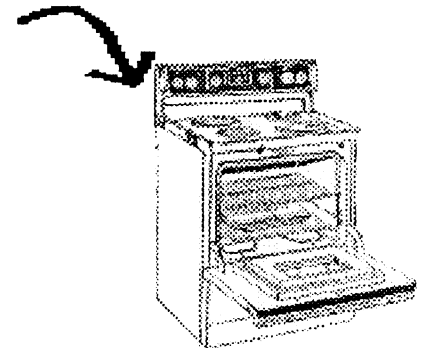


Take 6 slices of pepperoni and put them on top of English Muffin.

10.

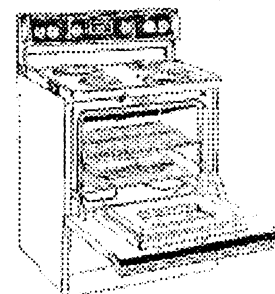
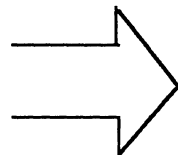
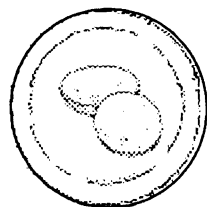


BROIL



Put the oven rack to the highest position in oven. Preheat oven to BROIL

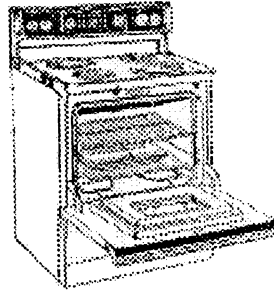
11.



Put the pan with pizza on it in the oven on the top rack.

12.

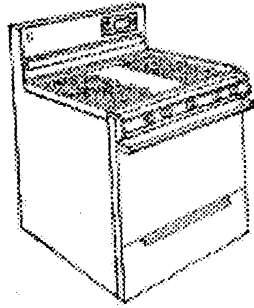
Electric -
open 6 inches



2 - 3 minutes

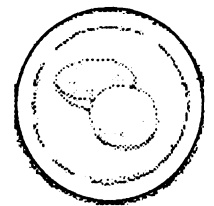
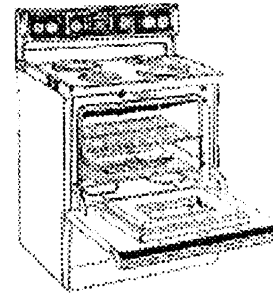
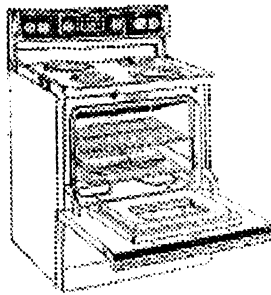


Gas -
close oven



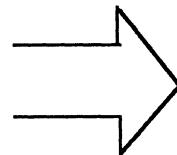
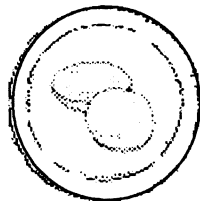
Open door slightly 6 inches in the electric oven and close the door in the gas oven. Broil in the oven for 2 - 3 minutes or until the cheese melts.

13.



Turn the Broil OFF. Remove pizza from the oven.

14.



Serve the individualized pizza on a plate.

INDIVIDUALIZED PIZZA

You Need:

1 whole English Muffin
3 Tb. spaghetti sauce
1/4 cup cheese
Pam spray

pizza pan
cutting board
sharp knife
grater
1/4 dry measuring cup
Tablespoon
electric or hand can opener
oven
plate

Choose 2 or 3 optional foods:

2 mushrooms
3 black olives
1 slice pineapple
6 slices pepperoni
1/8 green pepper

1. Spray Pam on pizza pan.
2. Put 2 English Muffin halves on pizza pan.
3. Measure and spread 3 Tb. spaghetti sauce on top of the English Muffins.
4. Grate and measure 1/4 cup cheese. Put cheese on top of the spaghetti sauce.

CHOOSE 2 OR 3 OPTIONAL FOODS FROM STEPS 5 TO 9

5. Open can of olives with hand or electric can opener. Remove 3 olives from can. Slice or chop olives into pieces. Put on top of English Muffins.
6. Open can of pineapple with hand or electric can opener. Remove 1 slice from can. Cut pineapple into small pieces. Put on top of English Muffins.
7. Wash 1/8 of a green pepper. Remove seeds. Cut into small pieces. Put on top of English Muffin.
8. Wash 2 mushrooms. Cut the bottoms off from the stem. Slice or cut into small pieces. Put on top of English Muffins.
9. Take 6 slices of pepperoni and put on top of English Muffins.
10. Put the oven rack to the highest position in oven. Preheat oven to **BROIL**.
11. Put the pan with pizza on it in the oven on the top rack.
12. Open door slightly 6 inches in the electric oven and close the door in the gas oven. Broil in the oven for 2 - 3 minutes or until the cheese melts.

13. Turn the Broil OFF. Remove the pizza from the oven.
14. Serve the individualized pizza on a plate.