

## SALT DOUGH

This activity is intended to help you see the difference between shape and form. At the bottom of this page, draw a shape. Then visualize in your mind how you can make this shape into a three-dimensional form. Make the form, as instructed below.

### Salt Dough:

1 cup flour  
1/4 cup salt  
water  
food coloring

1. Place flour into a bowl.
2. Stir salt and food coloring into about 1/2 cup of hot water.
3. Stir the water mixture into the flour.
4. If the mixture is not soft and workable, add more water or flour, as needed.
5. Knead the mixture until it is smooth.
6. You may wish to make several different colors of dough. To make brown dough, add 2 Tbs. instant tea to each cup of flour.
7. Shape the dough.
8. Moisten the dough where pieces touch.
9. Bake at 275 degrees for about 2 1/2 hours.
10. Allow to cool, then varnish with a high gloss varnish.