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## LESSON D

### Prioritize Clothing Needs and Resources

**FOCUS:** Clothing choices are affected by time, money, energy and skills.

**ACTIVITIES:**

1. Give students the Student Handout, "Clothing Resources" to complete and hand in to the teacher.
2. Have students compare the cost, time, energy and skill for the same clothing item if purchased, self constructed, constructed by someone else. Also compare the cost of alterations done by the store, by self, by an independent seamstress. Use student Handouts "Clothing Cost Comparison."
3. Discuss: What is my most limited resource regarding clothing? What can I do about it?

# Clothing Resources

Resources available for clothing vary from one individual to the next, and from one situation to the next. Clothing choices are affected by time, money, energy, and skills.

Sometimes what we want may not be what we need. A need is something you must have for survival. A want is something that gives you satisfaction. Advertising plays an important role in what we add to our "want" list. Analyze the resources you will have to help you with your clothing needs when you are on your own.

Resource	Right Now	On My Own
Time:	_____	_____
Money:	_____	_____
Energy:	_____	_____
Skill:	_____	_____

How do you see your resources being different when you're on your own?

What are some ways you could improve any of your resources now?

In the space below, determine what additional clothing you would buy if you had \$500, \$250, or \$100 to spend this next year. List the items in order of importance.

\$500	\$250	\$100
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

What are the most important things you have found out about yourself and the clothes you wear?

What else do you need to know to take care of your clothing adequately when you're on your own?

## Journal Entry #7



*What is my most limited resource regarding clothing?*

## CLOTHING COST COMPARISON

<b>Clothing Cost Comparison</b>			
Clothing Item: _____			
	Purchased Ready-Made	Self Constructed	Made By a Seamstress
Time Required			
Cost			
Energy			
Skills			

Alteration: _____			
	Done by Store	Self	Independent Seamstress
Time Required			
Cost			
Energy			
Skills			