
LESSON D

Resources and Parenting

FOCUS: Assess personal resources for becoming a parent.

ACTIVITIES:

1. Students will examine the resources needed to fulfill their future parenting roles. Have the students list all the different needs of a parent. This list might include financial (clothing, housing, furniture, transportation, insurance), physical (energy), social (time, work, friends), emotional (privacy, sick times, night times), psychological, mental, spiritual, etc. (Use previous list if already done.) Discuss with the students all the resources they would need to meet these needs. Talk about some things they could be doing now so they have some of these resources when they are married and have children.
2. Find out how much it costs to have a baby. Have a small group of students call a local obstetrician and hospital and prepare a short oral report.
3. Students will understand how a perspective on parenting changes with time and experience. Use Teacher Information, "Time Capsule."

Time Capsule

Students may be some years from parenthood. On the other hand, it may come sooner than they think. Have students make a time capsule that they will open someday when they consider being a parent. Include the following specific considerations:

- Why you want to become a parent.
- Your goals.
- Effect on relationships
- Roles you will want to fulfill.
- Resources you have or want to develop.

Have students seal the time capsule and keep it in a safe place. Open it when they think you are ready to become a parent and review what they recorded in high school.