Unit Three

(Suggested time for unit: five 50 minute class periods.)

LIFE ESSENTIAL: Roles

SUB PROBLEM 3: What do I need to know about life roles as I prepare to live on my own?

VALUE ASSUMPTION: Independent living is enhanced when individuals successfully balance life roles.

OBJECTIVE: The learners will identify, examine expectations, and prioritize various life roles so they can balance their roles more effectively.

LESSONS:

A. Identify possible roles in an independent living situation.

B. Examine expectations of various roles.
   traditional vs nontraditional roles
   changing roles

C. Practice assigning priorities to various roles.

D. Investigate "wage earner" role.
   Part 1: Aptitude and abilities
   Part 2: Interests and personality traits
   Part 3: Job requirements and conditions
   Part 4: Getting a job and keeping it
      a. where to look
      b. how to apply
      c. keeping your job and common mistakes to avoid

E. Test Bank