Unit Four

LIFE ESSENTIAL: Resources

SUB-PROBLEM 4: How will my use of resources affect choices I make when I live on my own?

VALUE ASSUMPTION: Effective use of resources helps satisfy needs.

OBJECTIVE: Analyze personal resources.

LESSONS:
A. Identify available resources.
B. Discuss management of resources.
C. Analyze stress as a drain of personal resources.
D. Question present use of resources—what works and what doesn’t?
E. Test bank

Table 4-1