

RESOURCE LIST
Unit 9: Food and Nutrition

Lesson	Student Handouts	Other Teaching Materials	Teacher Information	Transparency Masters
A: Part 1	<p>"Food-Related Values & Goals"</p> <p>"Influences on Food Choices"</p> <p>"Food Associations"</p> <p>"Taste Panel"</p>	<p>Pictures of various foods and/or meals.</p>		
A: Part 2	<p>"Relationships Between Diet & Health"</p> <p>"Your Favorite Fast Foods"</p> <p>"Choose a Snack"</p> <p>"Figuring Fat Percentages in Foods"</p> <p>"The Ingredient Label"</p> <p>"Label Reading for Percent Fat"</p> <p>"Five-day Record of Food Consumed"</p>	<p>Material for Experiment, Comparison Cards, Food Models, Super Four & Health Quest Nutritional Trivia, Comprehensive List of Foods.</p> <p>Food labels laminated on card stock</p> <p>Also see Activities 8, 10 & 12 for addresses for materials.</p>	<p>"Blender Drinks"</p> <p>"Fast Food Nutrition Information"</p> <p>"Dietary Guidelines for Americans"</p> <p>"Serving Sizes"</p>	<p>Fast Food Fats"</p>
B:	<p>"Check Out Your Eating Habits"</p>	<p>Popcorn</p>	<p>"Food Promotes Sociability"</p> <p>"Food & Emotions"</p> <p>"Food Preparation & Relationships"</p>	
C:	<p>"It's Easy with Quick Mix"</p>		<p>"Roles in Food Preparation"</p> <p>"Differences of Opinion"</p>	
D:	<p>"Awareness of Resources, Time, Skill, & Money"</p> <p>"Comparing Food"</p> <p>"Team Meal Presentations"</p> <p>"Student Evaluations for Team Meal Presentations"</p>	<p>Food Models</p> <p>See Activity 4 for address.</p>	<p>"Time, Skill, Money & Food"</p> <p>"Teacher Evaluation for Team Meal Presentations"</p>	
E:	<p>Practical Reasoning</p>		<p>Practical Reasoning and Food & Nutrition</p>	