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## **UNIT II: Teenagers and Families**

### **TOPIC A: Teenagers as Family Members**

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**CONCEPT:** The family unit is the basis for human development. A strong family benefits individuals and society. Teenagers have an important place in the family, and their behaviors play an important role in the success of the family unit. The traditional family has undergone some major changes in the last 30 years that have impacted the lives of teenagers.

**OBJECTIVE:** Students will recognize the functions of individual families, the benefits a strong family unit has on society, and their role within the family.

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#### **COMPETENCIES:**

1. Examine family dynamics.
  - a. List the functions of a family unit. (1.a-1, 1.a-2, 1.a-3)
  - b. Analyze changes in the family unit during the past 30 years. (1.b-1, 1.b-2, 1.b-3, 1.b-4)
  - c. Explore benefits a strong family unit has on individuals, the community, and society. (1.c-1, 1.c-2)
2. Identify ways teenagers can contribute to and improve family relationships and the home environment. (2-1, 2-2, 2-3, 2-4, 2-5, 2-6, 2-7)
3. Analyze ways teenagers can destroy family relationships and foster a negative home environment. (3-1, 3-2)

#### **Developmental Task No. 5: Prepare for marriage and family life.**

**First, determine personal feelings about marriage and family. Most people want to marry and raise children. If these roles fit one's personal goals, learn as much about marriage and family living as possible.**

**- Robert Havighurst**

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**UNIT II: Teenagers & Families TOPIC A: Teenagers as Family Members Teacher Information**

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**ACTIVITIES:****SUPPLIES NEEDED:**

1.a-1	Introductory Activity: Family Functions	None
1.a-2	Family and Home Definitions	Overhead transparencies (II-A-16 through II-A-19)
1.a-3	Family Fun	Copies of student activity guide (II-A-20)
1.b-1	Family Show Video Clips	Prerecorded video clips VCR
1.b-2	Family Settings	None
1.b-3	Changes in Family Lifestyles	Overhead transparency (II-A-25) Copies of student activity guide (II-A-26)
1.b-4	Senior Citizen Interview	Copies of student activity guide (II-A-27)
1.c-1	"Strong Family" Discussion	Overhead transparency or sign (II-A-28)
1.c-2	"Making Memories" Story	None
2-1	Tied Up in Knots	Balls of string or yarn for each group
2-2	Advice Column	None
2-3	Advice for Getting Along at Home	Copies of student activity guide (II-A-34)
2-4	Family Pledge	High quality paper (8 1/2 x 11) Felt-tip markers Optional: Lamination facilities
2-5	Family Relations Statement Paper	None
2-6	Home Sweeter Home	Copies of student activity guide (II-A-36)
2-7	There's More Than Just a Hole...	Napkins Small donuts for each student Overhead transparencies of signs (II-A-37 and II-A-38)
3-1	Teenagers Role Play	Props for players such as hats, aprons, newspapers, brooms, etc.
3-2	"The Family is Like a Car" Analogy	Enlarged picture of a car (II-A-39)