
UNIT II: Teenagers and Families

TOPIC B: Teens and Parents/Guardians

CONCEPT: Parents/guardians are an important influence on a child's life. Teen/parent and guardian relationships can be enhanced when there is an understanding of the individual opportunities and struggles, goals to be achieved, and future dreams and concerns of both parties.

OBJECTIVE: The student will develop an understanding of the dynamics of family life as it influences behavior in parent/guardian communication and the struggle for independence.

COMPETENCIES:

1. Discuss teenagers' (personal) struggle for independence.
 - a. Identify the basic reasons for struggles related to independence. (1.a-1)
 - b. Explain how increased freedom brings increased responsibility. (1.b-1, 1.b-2)
 - c. Develop appropriate methods for requesting increased independence. (1.c-1)
 - d. Explain how becoming independent involves cultivating strong networks of social interdependence. (1.d-1, 1.d-2, 1.d-3, 1.d-4)

2. Recognize that parents were once teenagers.
 - a. Describe basic human needs of parents and teens. (2.a-1, 2.a-2)
 - b. Recognize that parents/guardians are human and have needs that must be met. (2.b-1)
 - c. Compare differences of the teenage years between parent, grand-parents, and student. (2.c-1, 2.c-2)
 - d. Identify multiple roles of parents. (2.d-1, 2.d-2)
 - e. Identify causes of parental stress and ways teenagers can contribute to and/or relieve stress. (2.e-1)

3. Explore effective methods of communicating with parents.
 - a. Identify styles of communication (3.a-1)
 - b. Demonstrate the use of effective communication skills. (3.b-1)
 - c. Analyze methods of conflict resolution with parents. (3.c-1, 3.c-2)
 - d. Develop ways to resolve parent/teen conflicts with integrity. (3.d-1, 3.d-2, 3.d-3, 3.d-4)

ACTIVITIES:	SUPPLIES NEEDED:
1.a-1 My Declaration of Independence	Overhead transparency (II-B-20) Copies of student activity guide (II-B-21)
1.b-1 Freedom/Responsibility Discussion	Overhead transparencies (II-B-22 and III-B-23) or sentences copied and cut apart
1.b-2 "Freedom" from <u>Shenandoah</u>	Audio tape with song Optional: Copies of song (II-B-24) Enlarged copies of graphics (II-B-25 through II-B-27)
1.c-1 My Parents/Guardians	Overhead transparencies (II-B-28 and II-B-29) Transparency marker
1.d-1 I Am A Rock, I Am An Island	Audio tape with song Optional: Copies of song (II-B-30)
1.d-2 The Spider Web	Overhead Transparency (II-B-19) Two volleyball stands Thin rope or one skein of yarn Small bells A rubber or felt spider
1.d-3 Types of Social Support Systems	Copies of student activity guide (II-B-32)
1.d-4 My Social Support System	Copies of student activity guide (II-B-34)
2.a-1 The Three Little Pigs	Copy of original story Copy of <u>The True Story of the Three Little Pigs</u>
2.a-2 Maslow's Hierarchy of Human Needs	Overhead transparency or large diagram (II-B-36) Copies of student activity guide (II-B-37)
2.b-1 Parents/Guardians Have Needs, Too	Copies of student activity guide (II-B-39)
2.c-1 How Well Do You Know Your Parents?	Copies of student activity guide (II-B-41 and (II-B-42)
2.c-2 Music Time Line	Tapes of music from various eras. Copies of student activity guide (II-B-43)
2.d-1 Multiple Roles of Parents	None
2.d-2 Academy Awards	Copies of student activity guide (II-B-44)

ACTIVITIES:

- 2.e-1 Headaches
- 3.a-1 Styles of Communication
3.b-1 Race for Life
- 3.c-1 The Reasons for Rules
- 3.c-2 How to Win With Parents
- 3.d-1 Feuding Families
3.d-2 Complaint Session
- 3.d-3 Becky: A Short Story
- 3.d-4 Coping With Parents: Case Studies

SUPPLIES NEEDED - CONT'D:

- Copies of student activity guide (II-B-46)
- Copies of student activity guide (II-B-51)
Copies of map for each pair (II-B-54)
- A child's story book that illustrates the need for rules
Small posters (II-B-55 through II-B-59)
None
- Call bell or small ball
Poster paper
Markers
- Copies of story and student activity guide (II-B-66 and II-B-67)
- Copies of case studies and student activity guide (II-B-69 and II-B-70)

**Teenage years are tough;
Tough for teens,
Tough for parents.**

**"When the going gets tough, the tough get going",
and everyone grows through it.**

- Robert Schuller