
ASSESSMENT/EVALUATION QUESTIONS:

1. **Discuss teenagers' (personal) struggle for independence.**
 - a. **Identify the basic reasons for struggles related to independence. (i.e., freedom, control, and power)**
 1. The three basic reasons for struggles related to independence are:
Freedom, control, power
 2. A teen dressing in extreme clothing would be an example of wanting freedom. True/False
True
 - b. **Explain how increased freedom brings increased responsibility.**
 3. What does the phrase, "Greater freedom means greater responsibility" mean?
Answers will vary
 4. If a teen wants a later curfew, what responsibility must he/she take?
The responsibility of meeting that curfew.
 - c. **Develop appropriate methods for requesting increased independence.**
 5. What are some ways that a teen can request greater freedom?
 6. When would be the best time to request more independence?
After you have exhibited increased responsibility.
 - d. **Explain how becoming independent involves cultivating strong networks of social interdependence.**
 7. What does it mean to have social support?
 8. Name at least three types of social support.
Emotional; informational; instrumental; status; service; goods and money

ASSESSMENT/EVALUATION QUESTIONS - CONT'D:

- 2. Recognize that parents were once teenagers**
- a. Describe basic human needs of parents and teens.**
9. What are some basic human needs?
Physical; safety; love; esteem; self-actualization
10. What needs do parents have?
The same as teenagers--acceptance, approval, affection,
- b. Recognize that parents are human and have needs that must be met.**
11. Why is it important that teens learn about their parents?
Answers will vary; helps teens to better understand parents
12. What needs do parents have that must be addressed?
Answers will vary; appreciation, love, respect, admiration, etc.
- c. Compare differences of the teenage years between parent, grandparents, and student.**
13. How would the amount of free time compare between your grandparents and parents when they were teens and you?
Teens today have a lot more free time
14. The term, Teenagers, is as old as the cavemen. True/False
False
15. When did the term, Teenagers, develop?
In modern society
- d. Identify multiple roles of parents.**
16. What is a role?
A function or position inherited, acquired, delegated, or assumed by someone.
17. Name three different roles parents must be.
Care provider; medical adviser; chauffeur; cook; teacher; etc.

ASSESSMENT/EVALUATION QUESTIONS - CONT'D:

e. Identify causes of parental stress and ways teenagers can contribute to and/or relieve stress.

18. What are some causes of parental stress?
Teenagers; finances; concerns for future; etc.
19. How can teens help relieve stress at home?
By behaving in a responsible manner

3. Explore methods of communicating with parents.

a. Identify styles of communication (transactional analysis; fogging; passive, aggressive and assertive; positive and negative reinforcement {Pavlov}).

20. Transactional analysis addresses:
A.* the child, teen, and adult in us all.
B. a new form of psychology.
C. the parent, child, adult in us all.
D. Freud's theory on human behavior.
21. The three principles used in fogging are:
You agree with any truth; you agree with any odds; and you agree with any principle.
22. Define positive and negative reinforcement.
Positive reinforcement is when you have a strong positive feeling about yourself as a result of some interaction, and vice versa.

b. Demonstrate the use of effective communication skills.

23. (Students will demonstrate the use of any of the effective communication skills in class.)
24. (Students will demonstrate the use of any of the effective communication skills in class.)

ASSESSMENT/EVALUATION QUESTIONS - CONT'D:

c. Analyze methods of conflict resolution with parents.

25. Asking parents for something when they are busy is a good rule to follow. True/False
False
26. One should never accuse others when in an argument. True/False
True

d. Develop ways to resolve parent/teen conflicts with integrity.

27. Relate how being a good listener can help to resolve conflicts.
Answers will vary
28. If teens cannot change parents, what can change?
How the teens handle situations

