
UNIT IV: Gals and Guys**TOPIC C: Sexual Responsibility**

CONCEPT: Physical attraction for the opposite sex is real and strong during the teen years. Teens need to have the skills necessary to make responsible sexual choices that could have long-lasting effects on their lives.

OBJECTIVE: Students will be able to recognize and understand their physical attractions and sexual feelings and be prepared to make responsible decisions that have lasting effects.

COMPETENCIES:

1. Determine appropriate behaviors related to physical intimacy. (1-1, 1-2, 1-3, 1-4, 1-5)
2. Explore the aspects of relationships pertaining to physical intimacy and sexual behavior and the accompanying choices. (2-1, 2-2, 2-3, 2-4, 2-5, 2-6)
3. Develop assertive behavior skills as a means of protection from sexual harassment or abusive situations. (3-1, 3-2, 3-3, 3-4, 3-5, 3-6)
4. Examine the possible consequences of teen sexual behavior, including: (4-1)
 - a. Teen parenthood (4.a-1, 4.a-2, 4.a-3)
 - b. STDs and AIDS (4.b-1, 4.b-2, 4.b-3, 4.b-4, 4.b-5)
 - c. Various costs and responsibilities. (4.c-1, 4.c-2)

**One's philosophy is not best expressed in words;
It is expressed in the CHOICES one makes.
In the long run, we shape our lives and we shape ourselves.
The process never ends until we die.
And the choices we make are ultimately OUR RESPONSIBILITY.
Eleanor Roosevelt**

ACTIVITIES:

- 1-1 Introduction: The Pretzel Activity
 1-2 Sources of Sexual Information
- 1-3 Appropriate Behavior
 1-4 Ways of Expressing Affection
 1-5 Ways to Show Love Without Making It
- 2-1 Why Do Teens Become Sexually Active?
 2-2 Are You Ready for Sexual Intimacy?
 2-3 Do Guys and Girls Look at Sex Differently?
 2-4 Progression to Physical Intimacy
- 2-5 The Control Patrol
 2-6 Why Wait for Intimacy?
- 3-1 What Would You Do?
 3-2 Thoughts on Following the Crowd
- 3-3 Hook, Line, and Sinker
- 3-4 Red Light/Green Light Personal Power Plan

SUPPLIES NEEDED:

- Pretzels
 Overhead transparency (IV-C-19)
 Small posters of sexual responsibility terms
 Optional: Copies of student activity guide (IV-C-20 and IV-C-21)
- Copies of student guide (IV-C-22)
 None
- Poster board and felt-tip markers
- Overhead transparency (IV-C-26)
 Copies of student guide (IV-C-27)
- Copies of student guide (IV-C-28)
 Write statements on board or use overhead transparency (IV-C-30)
- Word strips (IV-C-34 through IV-C-38)
 Overhead transparencies (IV-C-32 and IV-C-33)
 Copies of student guide (IV-C-39)
- Copies of student activity guide (IV-C-40 and IV-C-41)
 Copies of student guide (IV-C-44)
- None
 Copies of statements (IV-C-46 and IV-C-47)
 Optional: Overhead transparency (IV-C-48)
- Fishing pole with magnet
 Fish with "lines" and magnets on them (IV-C-49 and IV-C-50)
 Overhead transparency (IV-C-52)
- Small pieces of red and green construction paper for students
 Small pieces of yellow construction paper for teacher
 Basket or box

ACTIVITIES:**SUPPLIES NEEDED - CONT'D:**

3-5	Refusal Skills	Overhead transparencies (IV-C-54, through IV-C-57)
3-6	Date Rape	Copy of page IV-C-56 to cut apart Pictures of people Enlarged copy of graphics (IV-C-59 and IV-C-60)
4-1	Play Dough Art	Play dough
4.a-1	20 Steps to Teen Pregnancy	Copies of student guide (IV-C-63) Overhead transparency (IV-C-64)
4.a-2	"Rock A Bye" Video	Copy of video VHS player
4.a-3	Springtime	None
4.b-1	AIDS Update	Optional: Overhead transparencies (IV-C-68 and IV-C-71)
4.b-2	How Could This Have Happened To Me?	Classroom set of stories (IV-C-72 and IV-C-73) Copies of student guide (IV-C-74)
4.b-3	HIV Risk Rate	Colored index cards
4.b-4	AIDS/STDs Video	Copy of video VHS player
4.b-5	AIDS Guest Speaker	None
4.b-6	Other STDs	Copies of student guide (IV-C-76)
4.c-1	Premarital Sex? Perhaps, IF...	Overhead transparencies (IV-C-77 through IV-C-83) Copies of student activity guide (IV-C-84 and IV-C-85)
4.c-2	Sexual Choices Bring Consequences	Six different kinds of individually wrapped candies Serving platter or basket