

ASSESSMENT/EVALUATION QUESTIONS:

1. **Determine appropriate behaviors related to physical intimacy.**
 1. List five behaviors that are considered appropriate to intimacy in a relationship.
 - Go to a movie - Hold hands at a party - Share future dreams
 - Write notes - Take a walk together - Listen to music
 - Have your picture taken together
 2. Explain why it is in your best interest to wait for physical intimacy.
 - Might contract an STD - Could get pregnant/become a father
 - Not emotionally ready
 - Could have unrealistic expectations about my partner
 3. What are some ways to show love and express affection without physical intimacy?
 - Give a gift - Write a poem - Dedicate a song to him/her
 - Make dinner - Listen intently - Talk on the phone
 - Send a card - Write a letter - Exchange photographs
 4. Sexual information learned from friends and around school is usually pretty accurate. True/False
False
2. **Explore the aspects of relationships pertaining to physical intimacy and sexual behavior and the accompanying choices.**
 5. List five (5) main reasons why teens become sexually active.
 - To appear grown up - To prove their love - To find love
 - To become popular - Everyone is doing it - Peer pressure
 6. Explain the "Progression to Physical Intimacy".
 - A relationship takes steps to physical intimacy.
 - It starts with being together, holding hands, and eventually leads to sexual intercourse.
 - The ideal would be to take the progression slowly.
 - This gives the relationship time to grow at a slower pace and may develop into a stronger relationship.

ASSESSMENT/EVALUATION QUESTIONS - CONT'D:

7. List three reasons why it is in your best interest to wait for intimacy.
 - Relationships always change after intimacy
 - Pregnancy can occur
 - Junior high students are not ready for the responsibility of an intimate relationship
 - STD s can be transmitted

 8. Is it possible to control physical passions? Why?
Yes. If there is enough motivation to stop, individuals can stop. We have control over ourselves if we want it badly enough.

 9. It is generally accepted that guys and gals look at sex differently. Describe the basic differences of their perception.
 - A guy plays at love because what he basically wants is sex.
 - A girl plays at sex because what she basically wants is love.

 10. Do these differences make either perspective right or wrong?
___ Yes ___ No Write a brief paragraph supporting your answer.
Answers will vary
- 3. Develop assertive behavior skills as a means of protection from sexual harassment or abusive situations.**
11. Define the term *refusal skills*.
 - Skills that use a variety of ways to say "no" to something you feel is wrong for you to do.

 12. List five refusal skills that can help protect you from harassment or abusive situations.
 - Say "No"
 - Change the subject
 - Reverse the pressure
 - Use the broken record technique
 - Avoid the situation
 - Walk away
 - Give reasons why not
 - Delay

 13. What is a *line*? (Define it.)
 - A device to pressure you into doing something you don't really want to do.

 14. Give at least three (3) examples of *lines* and appropriate replies to them.
 - Everyone's doing it...Everyone may be, but I'm not!
 - If you won't, I can find someone else who will....Then find someone who will!
 - But I thought you loved me!...If you loved me, you wouldn't pressure me!

ASSESSMENT/EVALUATION QUESTIONS - CONT'D:

4. Examine the possible consequences of teen sexual behavior, including:
- a. Teen parenthood
 - b. STD s and AIDS
 - c. Various costs and responsibilities.
15. List five (5) possible consequences of teen sexual behavior:
- Loss of respect from partner and self - Pregnancy - STD s
- Change in relationships - Bad reputation
16. Choose one of your answers for #1, and write a paragraph on how this possible consequence would change your life.
- Answers will vary
17. Are any of these possible consequences worth the risk? _____
Write a paragraph supporting your answer.
- Answers will vary
18. List five (5) out of 20 behaviors or actions that are steps to teen pregnancy.
- (See page IV-C-63)
19. The best way to avoid becoming a victim of the HIV virus is: _____
Abstinence
The next best way to prevent becoming a victim of the HIV virus is: _____
Using condoms
20. It might be okay to have premarital sex, if....
What are those "if's"? There are seven of them.
- If the person is prepared emotionally, educationally, financially, socially, intellectually, spiritually, and physically to handle any and all possible consequences that could result form the relationship.
21. Are teenagers generally ready to have premarital sex:
Financially? _____ Emotionally? _____
Educationally? _____ Socially? _____
Intellectually? _____ Spiritually? _____
Physically? _____
22. Basically speaking, most teenagers are prepared for any possible consequences of sexual activity. True/False
False