VALUE MESSAGES

Directions: Read the value messages below and choose one that you feel strongly about strongly enough that you could write and speak about it for 30 seconds or more. Then complete the student activity guide, "My Value Message", as directed.

Every value message begins with the phrase, "It is important to..."

1. Be responsible for my behavior and respect family values.
2. Stay in school and get the education I need to succeed in life.
3. Care enough about my future to graduate from ______________ (high school, college, trade school, pick one).
4. Practice sexual abstinence until marriage.
5. Treat my dates (or future dates) with respect and maintain my personal values while I date.
6. Be a friend to others; someone they can trust and respect.
7. Stop using or never start using harmful substances (drugs).
8. Not become pregnant and be a parent until I am a married adult.
9. Improve relations with friends and family members.
10. Stop using or never start using tobacco products.
11. Avoid gang membership.
12. Recognize my positive qualities and personal strengths.
13. Make thoughtful decisions regarding issues that can influence my future.
14. Make a difference by performing community service during my teenage years.
15. Not use violence as a means of solving problems.
16. 
17. 
18. 

V-B-5
MY VALUE MESSAGE

Directions: This is a very important message for other teenagers to hear. It will have special meaning coming from a fellow teenager. Include in your thoughts what you feel, and if appropriate, why you feel that way.

The value or issue I feel strongly about is:

_______________________________________________________________________

My message (feelings) concerning this value or issue is:

_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________

V-B-6
LIVE, LEARN, AND PASS IT ON SUMMARY
TEACHER SAMPLE
(By Suzanne Keetch)

Each semester I learn something new as a teacher. Every class has its own person-ality, and as each semester ends, I find that I have learned and experienced anew from you students. Thanks for this experience of being your teacher! I hope in some way you will take with you something from this class that will affect your life—whether that be a concept, a small bit of information, or just the feeling you had in my class-room. You are faced with some big decisions ahead. Be responsible, think smart, look ahead, try hard, do your best, never give up, and have fun in life! Sounds like a big order, but I know the members of this class can do it! Thanks!

You guys are the best! Love you!
s/ Suzanne Keetch

I'VE LEARNED THAT:
- I can have a class with more boys in it than girls and it's actually quieter.
- If you treat students with respect, they usually return that respect.
- A true friend is there all of the time, not only when it's convenient for them.
- The other line always moves faster!
- No matter how much a clown laughs, they are still scary!
- Every time you watch the same movie, you pick up something new each time.
- Being yourself around others makes you the happiest.
- It's not easier to ask for forgiveness than permission.
- No one is perfect.
- I would feel more accomplished if I did something for someone else.
- You can't worry about the future; you can only deal with the present.
- If you have a good attitude, you can have fun wherever you are.
- If you're dying to meet a guy, when you do meet him, you wish you never had.
- No matter what I do, my parents will always find something I've done wrong or can do better.
- You can't carry two flour babies and your biology books at the same time.
- You can usually find a free babysitter for 10 lbs. of flour.
- Dreams and hopes can come true if you work hard and are pushed towards it.
- In life, nothing or nobody's perfect and not everything will go right in life.
- You can't always "fit in" with certain people.
- Life can be both wonderful and miserable.
- There are at least two sides to every person.
- You can't buy friendships. Parents are fun.
- Having kids is not as easy as people think.
- You can talk your way out of a lot of things.
- Not to take things so personally, take it as a joke.
HOW DO I TAKE CHARGE...?
TEEN CREED

Don't let your parents down;
They brought you up.

Be humble enough to obey;
You may give orders someday.

Choose companions with care;
You become what they are.

Guard your thoughts;
What you think, you are.

Choose only a date
Who would make a good mate.

Be master of your habits,
Or they will become you.

Don't be a show off when you
drive;
Drive with safely and arrive.

Don't let the crowd pressure
you;
Stand for something or you'll
fall for anything.

- Author Unknown

V-B-10