



Values

What is a value?

- Qualities, characteristics, or ideas about which we feel strongly.
- Our values affect our decisions, goals and behavior.
- A belief or feeling that someone or something is worthwhile.
- Values define what is of worth, what is beneficial, and what is harmful
- Values are standards to guide your action, judgments, and attitudes.

- You have been given a check for \$1000.00 to do whatever you like with it. What would you do with it?
 - Share with the class what you would do with it.

Conclusion:

- **What you spend the money on has everything to do with what you value**

What things did you do during the past week.

- What you choose to do with your time also has everything to do with what you values.

Hypocrite – One who subscribes to one set of values, and does another.

Immaturity - One who has not identified his values.

■ Immaturity:

- Unclear values
- Drifters
- Flighty
- Uncertain
- Apathetic

■ Maturity

- Clear values
- Life of purpose
- Meaning and direction

Direction:

Values – Goals – Behavior – Self-value

- Values give direction and consistency to behavior.
- Values help you know what to and not to make time for.
- Values establish a relationship between you and the world.
- Values set the direction for one's life.

Where do we get values?

- our homes,
- school,
- society,
- friends,
- TV,
- church,
- music,
- books,
- families,
- culture,
- employers,
- time-period in which you were raised (70's anti-establishment, peace, individuality. 80's money, prestige, don't get caught, etc. 90's earth, green peace, health and fitness), etc.

**Your age will greatly influence your values.
Different people and things influence you at
different ages:**

- Ages 1-7 --- parents
- Ages 8-13 --- teachers, heroes (sports, rocks, TV)
- Ages 14-20 --- peers (values because of peers or peers because of values?)
- Ages 21+ your values are established, but you may test your values from time to time.

Value versus Facts:

- Values are things we feel “should”, “ought”, or “are supposed to” influence our lives.

VALUE: All people should be active in a specific religion.

VALUE: The best time to buy clothing is when the price is discounted.

- A value is a statement of one’s personal beliefs.

- Facts simply state what actually are. It is easy to confuse values with facts.

FACT: Many people are active in a specific religion.

FACT: The most economical time to buy clothing is when the seasons change and the price is reduced.

- A fact is established by observation and measurement.

Values and Behaviors:

- Happiness comes from letting values decide your behavior and goals.
- Values can change over a life-time as your experiences change your view.

Types of Values:

Moral

Material

Aesthetic

Intrinsic

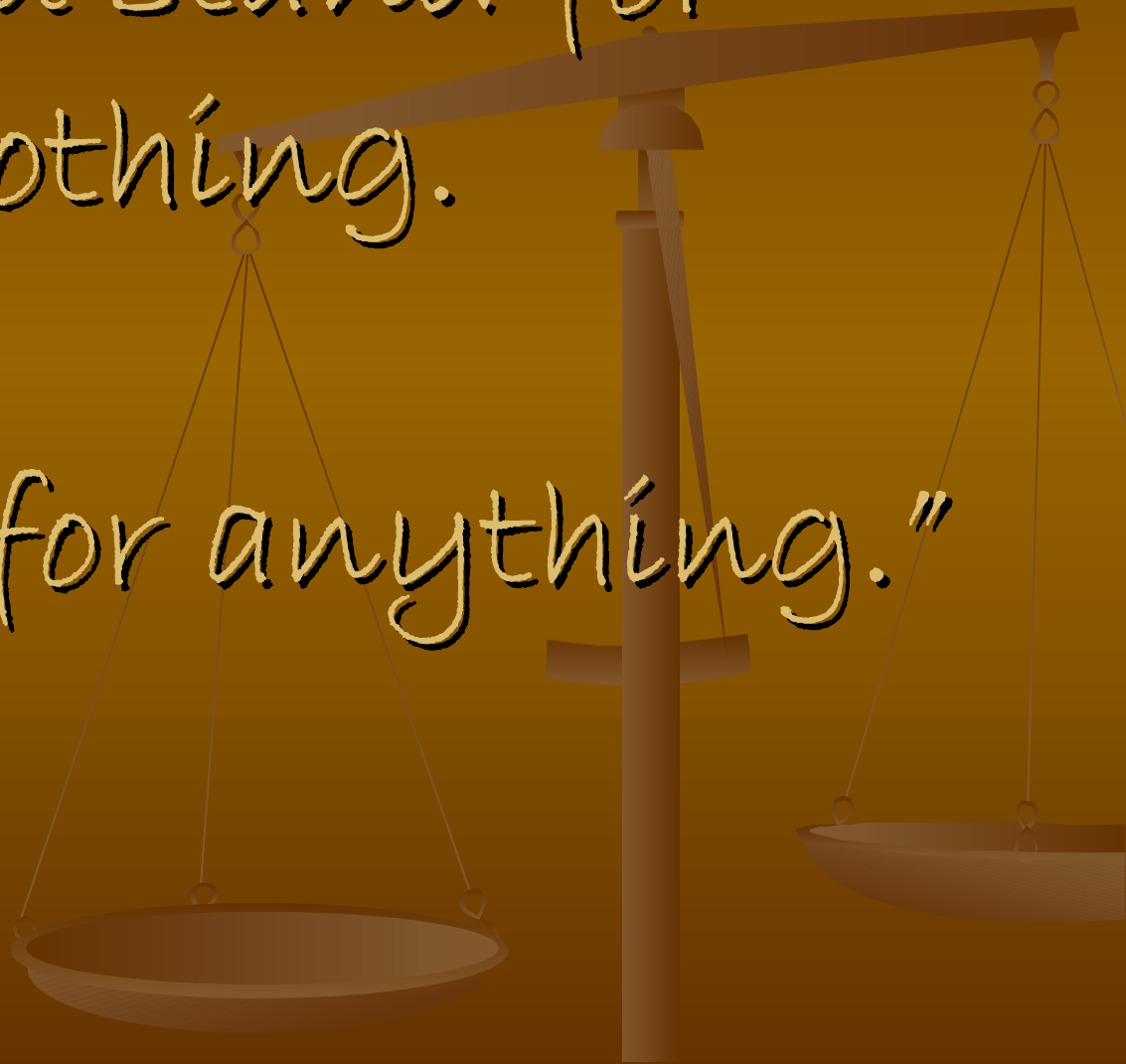
Extrinsic

Universal/American

Group specific values

"If you stand for
nothing.

You fall for anything."





"It's not doing things
right,
but doing the right
things. "

Assignment: list at least five values in each of the following areas.

Social

Moral

Intellectual

Family

Career

