

A Month as a Time

From Conception to Birth

Study guide

Complete the chart below. Every fetus is unique and has its own growth pattern. This chart shows the general development of the average fetus. The same is true for the effects the pregnancy will have on the mother.

1st Trimester

Effects on Mother

A. 1st Month (0-6 weeks)

Fetal Development

B. 2nd Month (5-8 weeks)

Fetal Development

C. 3rd Month (9-12 weeks)

Fetal Development

2nd Trimester

Effects on Mother

D. 4th Month (13-16 weeks)

Fetal Development

E. 5th Month (17-20 weeks)

Fetal Development

F. 6th Month (21-24 weeks)

Fetal Development

3rd Trimester

Effects on Mother

G. 7th Month (25-28 weeks)

Fetal Development

8th Month (29-32 weeks)

Fetal Development

H. 9th Month (33 weeks-Delivery)

Fetal Development

I. Birth

Full-term pregnancy = _____ weeks.

A premature baby is defined as:

How is a premature baby cared for?

Pain Relief Methods:

Episiotomy:

Forceps:

Beginning signs of labor:

How do contractions develop or change over the course of labor and delivery?

1st stage of Labor (list characteristics):

2nd stage of Labor (list characteristics):

3rd stage of Labor (list characteristics):

List the 5 apgar scores, the points and how they are assessed.

When do they perform apgar assessments?

J. Your New Family: Postpartum:

Mother's Physical Adjustments:

Father's Adjustments:

Sibling Adjustments: