

Topic: The relationship between values and refusal skills	Day
<p>Competencies / Objectives:</p> <p>The student will be able to:</p> <p>Analyze the relationship between values and refusal skills.</p> <ul style="list-style-type: none"> Review types of refusal skills: saying no, establishing priorities, avoiding questionable situations, etc. Identify personal values. Keep actions and behavior consistent with values. Define sexual harassment and how to deal with it. Identify the dangers of physical intimacy during dating. 	
Time:	Lesson Outlines, Activities, and Procedures
	<div> <div> <ul style="list-style-type: none"> Thought / Roll: The mind is everything; what you think, you become. <ul style="list-style-type: none"> – Buddha You are today where your thoughts have brought you. You will be tomorrow where your thoughts take you. <ul style="list-style-type: none"> – James Allen We become what we think about. <ul style="list-style-type: none"> – Napoleon Hill Discussion and Review of Refusal Skills Activity: Refusal Skill and Breaking Point <ul style="list-style-type: none"> http://www.k12.de.us/christiana/faculty/denney/refuse.htm Making Sense of Values: The history of the word Value to Values. Story: The River by Robbins, 41-42 Discussion on Values <ul style="list-style-type: none"> Examples of values or going against your values. Value Activity: Would you do it? Or another Value Activity from The Activities that Teach Books Value Checklist Story about Ben Franklin and his 13 values (virtues) http://www.fisherhouse.com/books/franklin.html Where do values come from? Activity: Suggestions for Living Better From life of Ben Franklin http://www.fisherhouse.com/books/franklin.html Discussion on the relationship between Values and Refusal Skills Discuss: Risky Behaviors Harassment Awareness Quiz </div> <div> <p>Supplies:</p> <p>PowerPoint Presentation</p> <p>Tongue Depressors</p> <p>Play money</p> <p>Check list copies</p> <p>Copy of story</p> <p>Copies of activity for students</p> </div> </div>

	<ul style="list-style-type: none"> 📌 Sexual Harassment Definition 📌 Risk Reduction Precautions on dates 📌 Dating Violence 📌 Victims need to know: 📌 Rights you have when dating: 	
Assignments:		
<p>Summary:</p> <ul style="list-style-type: none"> • Your task now is to do as Ben Franklin did, and internalizes your values. By looking at them often and thinking deeply about what they mean to you, little by little these will become part of you. You will become the person you most want to be. • You will live your life then by making your own choices and not by letting others make your choices for you. Your last words before departing this life will not be “if only”. 		