Conflict Resolution Topics for Young Children

Teasing

What does it mean to tease?

Have you ever been teased?

Do you like to be teased?

Do you like to tease other people?

When is teasing okay?

When is teasing not okay?

Kindness

How can you tell if someone does not want to be teased?

What could you say to someone who is teasing and you want them to stop?

Who could you talk to if someone won't stop teasing you?

Hitting

Have you ever hit or pushed someone?

When have you felt like hitting, pushing or shoving?

Has anyone been so mad at you that they hit or push you?

How does that make you feel?
Do you want to push back?

Is it ever hard for you to control your fists?

Controlling Hands

What are some good ways to use our hands?

Why should we use talking, not fists?

Is it ever okay to fight back?

What are some ways to solve an angry situation without hitting?

When is it easy for you to stay in control?

Selfishness

Do you like it when someone grabs one of your favorite toys?

What do you do when someone takes your favorite toy?

If you could choose one thing to take what would it be?

How do you think your friend would feel if you took his/her favorite toy?

Sharing

When you are playing with a friend, which toys are you willing to share?

Where could you put toys that you do not want to share?

When you are playing with a friend what can you do when he/she doesn't want to share the toy you want?

Time Out

Have you ever had to be in "time out"?

What kind of trouble were you in?

When should a person be in "time out"?

Do you think it is a good idea?

When should "time out" be over?

Time In

What can you do to avoid being in "time out"?

When you are upset what can you do so you can stay in "time in"?
• Sit down & shut your eyes
• Take a few deep breaths
• Count to 10
• Think about solutions to problem

Try to be a problem solver. What does it mean to be a problem solver?

Excluding

Have you ever been left out of an activity that you wanted to be part of?

How would you feel if your friend had a party but did not invite you?

Have you ever wanted to get even by leaving that friend out of a special activity or party?

Are there times when you don't want to be in a big group?

Including

Do you always invite everyone to join in the game you are playing?

Who can you talk to when you are sad about being left out?

Share some ideas that might help you feel better when you are left out.

If you are playing a game with friends and you notice anotherchild watching what should you do?

Criticism

Has anyone ever told you they don't like you and why? How does that make you feel?

After you have worked hard then someone tells you what you did wrong how do you feel?

Should people say what they don't like about other people?

What is the meanest thing anyone has ever said to you?

Compliments

What is the nicest thing anyone has ever said to you?

How do you feel when someone says something nice?

Think of 3 people you could say something really nice to. Do you want to tell us about them? Tell us what you would say.

Remember to tell those people when you see them.

Arguments

Have you ever yelled at someone?

Has someone ever yelled at you?

When is yelling okay?
When is yelling not okay?

How do you feel when you see people arguing with each other?

How do you sometimes act when you are in the middle of an argument?

Discussions

When you have a disagreement how can you discuss the problem without yelling?

Is it okay that people disagree?

Are we all the same or are we all different?

Can we still be nice when we disagree?

It can be fun to talk about different ideas with another person. Have you ever had a discussion?

Lying

Has anyone ever said something untrue about you?

Why do you think someone would tell a lie?

How do you feel when someone lies about you?

What is the difference between a lie and a make believe story?

Truthfulness

How do you feel when you tell the truth?

When is it hard to tell the truth?

Who could you talk with if someone lied about you?

What is the difference between a true event and pretend, or an imaginary event?