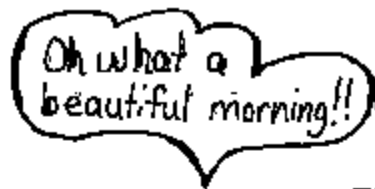


CHALLENGES: Stand Up and Stand Out

PREVENTION DIMENSIONS



CHALLENGES: Stand Up and Stand Out

Life is hard,



it always has been
and it always
will be!

PD

CHALLENGES: Stand Up
and Stand Out

Life is hard,



but you can do hard
things!

PD

CHALLENGES: Stand Up
and Stand Out

You can learn to
grow



from misery and

woe.



PREVENTION DIMENSIONS
PD

CHALLENGES: Stand Up and Stand Out

Attitude Is Everything

The longer I live, the more I realize the impact of attitude on life.

It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do.

It is more important than appearance, giftedness, or skill.

The remarkable thing is — we have a choice every day of our lives regarding the attitude we embrace for that day.

We cannot change our past. We cannot change the fact that people will act in a certain way. We cannot change the inevitable.

The only thing we can do is play on the one string we have, and that is our attitude...

I'm convinced that life is 10 percent what happens to me, and 90 percent how I react to it.

And so it is with you. We are in charge of our attitudes.

Charles Swindoll

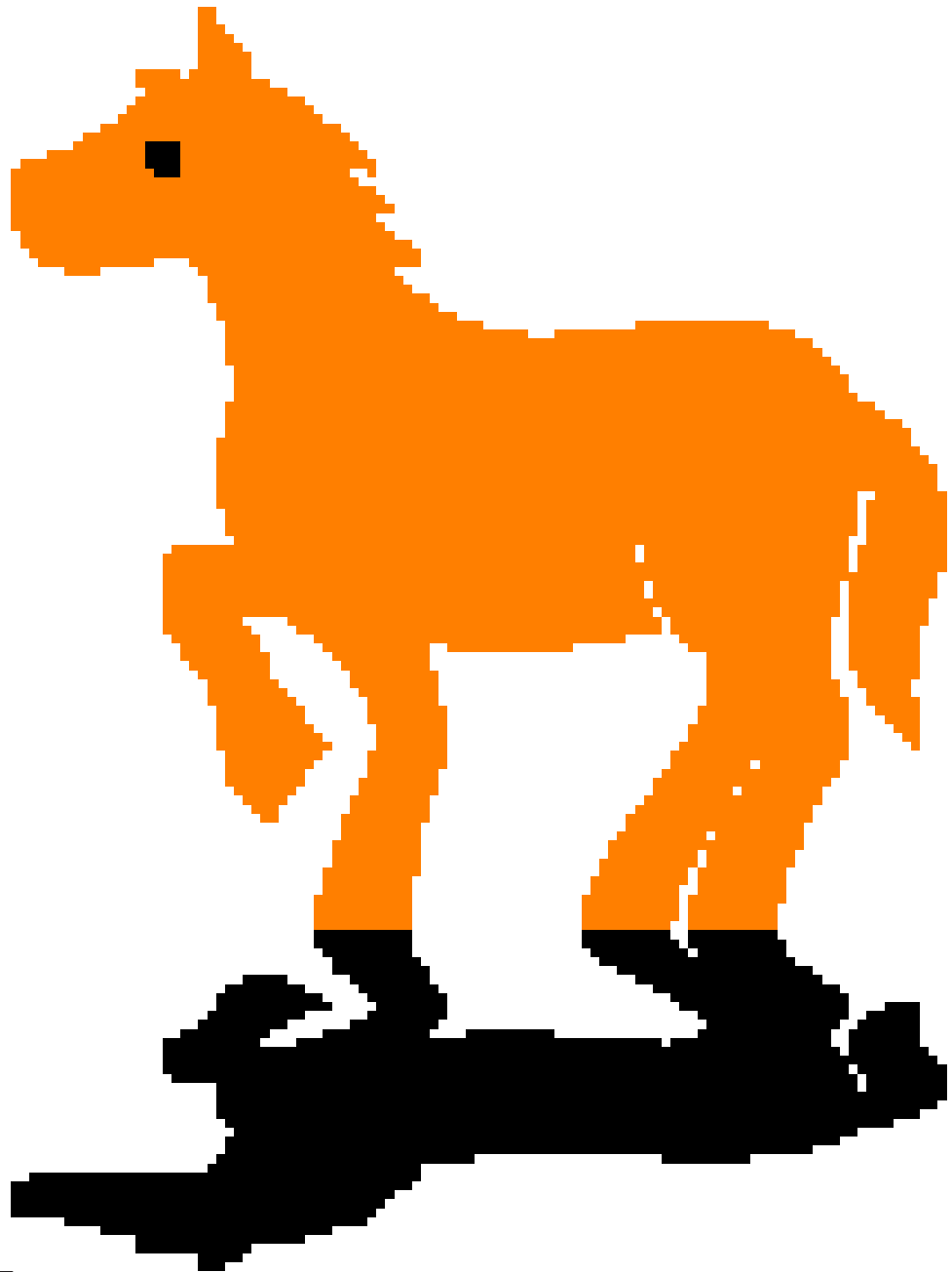


CHALLENGES: Stand Up
and Stand Out

PREVENTION DIMENSIONS

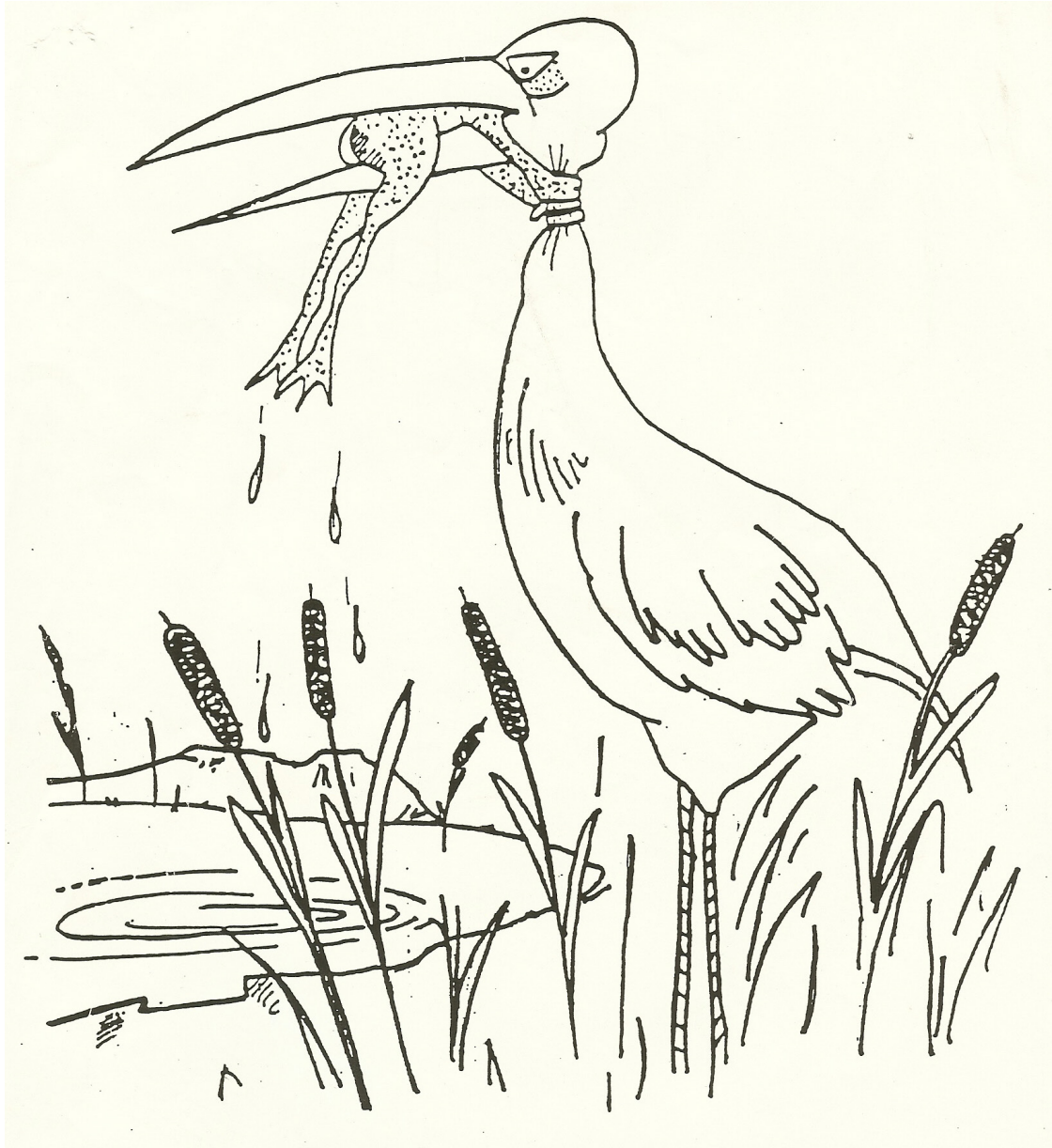


Look for the
pony!



CHALLENGES: Stand Up
and Stand Out

Don't EVER Give Up!



CHALLENGES: Stand Up
and Stand Out

**Never give up
on the
inside,
no matter
what happens
on the
outside.**



PREVENTION DIMENSIONS



CHALLENGES: Stand Up
and Stand Out

**The human soul,
beaten down,
overwhelmed,
faced by complete
failure and ruin,
can still rise up
against
unbearable odds
and triumph.**

Harold Russell

